

Phytochemical Constituents of Genus Nepeta

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ABSTRACT

Genus *Nepeta* (family Lamiaceae) is native to Europe, Asia, and Africa and they are commonly known as catmints. The essential oils of *Nepeta* genus are characterized by the presence of one or more of the nepetalactone isomers which are the biochemical markers of this genus. The major compounds present in the essential oils of different *Nepeta* species have been summarized in this review article.

INTRODUCTION

Lamiaceae - the 'mint family'-is cosmopolitan with Mediterranean as the chief centre of distribution. The family comprises a total of 180 genera and 3500 species. Harley et al. recognize 236 genera and 7200 species [1], and Heywood et al. assign 6900 species [2]. In India, the family is represented by 67 genera and 405 species distributed mainly in mountainous regions. The members of the family are characterized by the quadriangular stem, verticillaster inflorescence, bilipped flowers, gynobasic style, deeply 4-lobed ovary and aromatic nature. Kashmir Himalaya is located in the northwestern extreme of the Himalayan biodiversity hotspot and contributes nearly 20% species within just 2.15% of the total land area of entire Himalaya [3]. This region is a hub of medicinal and aromatic plants, most of which flourish in the sub-alpine/alpine mountainous region. Lamiaceae is widely used in traditional systems of medicine and horticulture. The genus is native to Europe, Asia, and Africa and they are commonly known as catmints. The essential oils of *Nepeta* genus are characterized by the presence of one or more of the nepetalactone isomers which are the biochemical markers of this genus. Several species of the genus *Nepeta* have interesting biological activities and are used in traditional system of medicine as laxative to treat dysentery, kidney and liver diseases and teeth troubles; they are also used as diuretic, diaphoretic, vulnerary, antispasmodic, anti-asthmatic, tonic, febrifuge and sedative agents [4-7]. Several *Nepeta* species are also reported to reduce serum lipids and anti-inflammatory effects [8,9]. Most *Nepeta* species are rich in essential oils and various biologically active iridoids/monoterpene nepetalactones have been reported in several *Nepeta* species possessing diverse biological activities, viz., feline attractant, canine attractant, insect repellent and arthropod defense [10,11]. Some specific reports on medicinal properties of Labiates include antitumor and anti-inflammatory activity [12], antioxidant activity [13], anticancer activity [14] and antibacterial activity [15]. In Kashmir Himalaya, *Lamiaceae* is the second largest gamopetalous family with 32 genera and 88 species.

The Key compounds [16] i.e., one or more of the nepetalactone isomers which are the biochemical markers of this genus, some major compounds present in the essential oils of few species and some major compounds present in few common Himalayan species are summarized in the tables (Tables 1-3) below:

Table 1. Species which contained nepetalactone as principal constituents.

Sr No	Species	Principal Compounds	Ref
1	<i>N. sintenissii</i>	4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone; 1, 8-cineole; β -elemene/ β -elemol; (Z)- β -farnesene/farnesol; germacrene-D; α -terpineol/4-Terpineol; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone,	[17]
2	<i>N. racemosa</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\alpha$,7 α ,7 $\alpha\beta$ -nepetalactone; 4 $\alpha\beta$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone,	[18]
3	<i>N. assurgens</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\alpha$,7 α ,7 $\alpha\beta$ -nepetalactone; 1, 8-cineole; α -pinene/ β -pinene; O: α -terpineol/4-Terpineol; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone	[19]
4	<i>N. cadmea</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone,	[20]
5	<i>N. caesarea</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone	[21,22]
6	<i>N. cephalotes</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; 1, 8-cineole; α -pinene/ β -pinene; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone,	[23,24]
7	<i>N. crassifolia</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone,	[25]
8	<i>N. x faassenii</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\alpha$,7 β ,7 $\alpha\beta$ -nepetalactone/ 4 $\alpha\alpha$,7 β ,7 $\alpha\alpha$ -nepetalactone; 1, 8-cineole; germacrene-D; α -pinene/ β -pinene; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone,	[26]
9	<i>N. govaniiana</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; β -elemene/ β -elemol; germacrene-D;	[27]
10	<i>N. mirzayanni</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; (E or Z) α or β -caryophyllene/ β -caryophyllene oxide; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone,	[24]
11	<i>N. persica</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone,	[28]
12	<i>N. racemosa</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\alpha$,7 α ,7 $\alpha\beta$ -nepetalactone; 4 $\alpha\beta$,7 α ,7 $\alpha\alpha$ -nepetalactone;	[29]
13	<i>N. teydea</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; α -pinene/ β -pinene; α -terpineol/4-Terpineol;	[30]
14	<i>N. argolica ssp</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\beta$ -nepetalactone; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone,	[31]
15	<i>N. atlantica</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\beta$ -nepetalactone; (E or Z) α or β -caryophyllene/ β -caryophyllene oxide; (Z)- β -farnesene/farnesol; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone,	[32]
16	<i>N. cataria</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\alpha$,7 α ,7 $\alpha\beta$ -nepetalactone; 4 $\alpha\alpha$,7 β ,7 $\alpha\beta$ -nepetalactone/4 $\alpha\alpha$,7 β ,7 $\alpha\alpha$ -nepetalactone; 1, 8-cineole; (E or Z) α or β -caryophyllene/ β -caryophyllene oxide; limonene/ linalool; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone,	[32-34]
17	<i>N. coerulea</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\alpha$,7 α ,7 $\alpha\beta$ -nepetalactone; 4 $\alpha\beta$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\beta$,7 α ,7 $\alpha\beta$ -nepetalactone;	[35]
18	<i>N. granatensis</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\beta$ -nepetalactone; 1, 8-cineole; α -pinene/ β -pinene; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone,	[32]
19	<i>N. meyeri</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\alpha$,7 α ,7 $\alpha\beta$ -nepetalactone; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone,	[36]
20	<i>N. nuda</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\alpha$,7 α ,7 $\alpha\beta$ -nepetalactone; 1, 8-cineole; (E or Z) α or β -caryophyllene/ β -caryophyllene oxide;	[37,38]
21	<i>N. nepetella</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\alpha$,7 α ,7 $\alpha\beta$ -nepetalactone;	[35]
22	<i>N. racemosa</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\beta$ -nepetalactone;	[39]
23	<i>N. rtanjensis</i>	4 $\alpha\alpha$,7 α ,7 $\alpha\beta$ -nepetalactone; germacrene-D; α -pinene/ β -pinene; 4 $\alpha\alpha$,7 α ,7 $\alpha\alpha$ -nepetalactone,	[40,41]

24	<i>N. septemcrenata</i>	4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 α ,7 α ,7 $\alpha\beta$ -nepetalactone; 1, 8-cineole; β -elemene/ β -elemol; limonene/ linalool; α -terpineol/4-Terpineol; 4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone,	[42]
25	<i>N. transcaucasica</i>	4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 α ,7 α ,7 $\alpha\beta$ -nepetalactone; germacrene-D; 4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone,	[43]
26	<i>N. tuberosa</i>	4 α ,7 α ,7 $\alpha\beta$ -nepetalactone; 1, 8-cineole; 4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone,	[32]
27	<i>N. bornmuelleri</i>	4 $\alpha\beta$,7 α ,7 $\alpha\alpha$ -nepetalactone; 1, 8-cineole; 4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone,	[24]
28	<i>N. eremophila</i>	4 $\alpha\beta$,7 α ,7 $\alpha\alpha$ -nepetalactone; 1, 8-cineole; 4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone,	[44]
29	<i>N. persica</i>	4 α ,7 α ,7 $\alpha\beta$ -nepetalactone; 4 $\alpha\beta$,7 α ,7 $\alpha\alpha$ -nepetalactone; α -pinene/ β -pinene;	[45]
30	<i>N. saccharata</i>	4 $\alpha\beta$,7 α ,7 $\alpha\alpha$ -nepetalactone; germacrene-D; 4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone,	[46]
31	<i>N. argolica</i>	4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 α ,7 α ,7 $\alpha\beta$ -nepetalactone; 4 $\alpha\beta$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 $\alpha\beta$,7 α ,7 $\alpha\beta$ -nepetalactone;	[47]
32	<i>N. grandiflora</i>	4 α ,7 α ,7 $\alpha\beta$ -nepetalactone; 4 $\alpha\beta$,7 α ,7 $\alpha\beta$ -nepetalactone;	[48]
33	<i>N. kotschyi</i>	4 $\alpha\beta$,7 α ,7 $\alpha\beta$ -nepetalactone; 1, 8-cineole; 4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone,	[49]
34	<i>N. crassifolia</i>	4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 α ,7 α ,7 $\alpha\beta$ -nepetalactone; 4 $\alpha\beta$,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 α ,7 β ,7 $\alpha\beta$ -nepetalactone/4 α ,7 β ,7 $\alpha\alpha$ -nepetalactone; 1, 8-cineole;	[50]
35	<i>N. betonicifolia</i>	4 α ,7 β ,7 $\alpha\beta$ -nepetalactone/4 α ,7 β ,7 $\alpha\alpha$ -nepetalactone; 1, 8-cineole; germacrene-D; 4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone,	[46]
36	<i>N. crassifolia</i>	4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 α ,7 β ,7 $\alpha\beta$ -nepetalactone/4 α ,7 β ,7 $\alpha\alpha$ -nepetalactone;	[34]
37	<i>N. nuda</i>	4 α ,7 β ,7 $\alpha\beta$ -nepetalactone/4 α ,7 β ,7 $\alpha\alpha$ -nepetalactone; β -elemene/ β -elemol; germacrene-D;	[51]
38	<i>N. angustifoliate</i>	nepetalactone/ epinepetalactone; 4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone,	[52]
39	<i>N. cataria</i>	nepetalactone/ epinepetalactone; 1, 8-cineole; (E or Z) α or β -caryophyllene/ β -caryophyllene oxide; β -elemene/ β -elemol; (Z)- β -farnesene/farnesol; germacrene-D; limonene/ linalool; α -pinene/ β -pinene; α -terpineol/4-Terpineol; 4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone,	[53,59]
40	<i>N. mahanensis</i>	nepetalactone/ epinepetalactone; 1, 8-cineole; germacrene-D; 4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone,	[44]
41	<i>N. nepetella</i>	nepetalactone/ epinepetalactone;	[54]
42	<i>N. tuberosa</i>	5,9-dehydronepetalactone/(7R)-trans,trans-nepetalactone; (E or Z) α or β -caryophyllene/ β -caryophyllene oxide;	[55]
43	<i>N. cataria</i>	5,9-dehydronepetalactone/(7R)-trans,trans-nepetalactone; 4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone,	[56]
44	<i>N. elliptica</i>	5,9-dehydronepetalactone/(7R)-trans,trans-nepetalactone;	[57]
45	<i>N. parnassica</i>	4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone; 4 α ,7 α ,7 $\alpha\beta$ -nepetalactone; 4 α ,7 β ,7 $\alpha\beta$ -nepetalactone/4 α ,7 β ,7 $\alpha\alpha$ -nepetalactone; 1, 8-cineole; (E or Z) α or β -caryophyllene/ β -caryophyllene oxide; α -pinene/ β -pinene; α -terpineol/4-Terpineol; 4 α ,7 α ,7 $\alpha\alpha$ -nepetalactone,	[58]
46	<i>N. mussini</i>	nepetalactone/ epinepetalactone;	[59]

Table 2. Major compounds present in the essential oils of few Nepeta species.

Species Name	Major compounds with percentage				
<i>N. atlantica</i>	4aa,7a,7a-nepetalactone (71.4%)	dihydronepetalactone (45) (3.1%)	3-caryophyllene (8.2%)	farnesol (48) (2.5%)	a-curcumene (50) (1.3%)
<i>N. cataria</i>	4aa,7a,7a-nepetalactone (77.4%)	dihydronepetalactone (5.0%)	terpinene (46) (4.2%)	limonene (4.1%)	Thymol (1.3%)
<i>N. granatensis</i>	4aa,7a,7a-nepetalactone (39.4%)	eucalyptol (1,8-cineole) (24.0%)	a-pinene (6.3%)	a-phellandrene (49) (5.8%)	p-cymene (51) (3.8%)
<i>N. tuberosa</i>	4aa,7a,7a-nepetalactone (76.8%)	dihydronepetalactone (5.9%)	menthol (47) (1.6%)	a-pinene (1.3%)	eucalyptol (1,8-cineole) (1.2%)

Table 3. Major compounds present in some common Himalayan Nepeta species.

Species Name	Major compounds with percentage
<i>N. clarkei</i>	a-guaiene (82) (10.0%); germacrene D (13.0%); fl-sesquiphellandrene (22.0%) indodial -mono-enol acetate diastereomers (25.3%)
<i>N. discolor</i>	p-cymene (9.8%); fl-caryophyllene (18.6%); 1,8-cineole (25.5%)
<i>N. elliptica</i>	(7R)-trans, trans-nepetalactone (83.4%)
<i>N. erecta</i>	isoiridomyrmecin (66.7%)
<i>N. goviana</i>	pregeijerene (20.7%); isoiridomyrmecin (35.2%)
<i>N. leucophylla</i>	iridodial dienol diacetate (83) (7.8%); dihydroiridodial diacetate (84) (18.2%) indodial J-mono-enol acetate (25.4%)

CONCLUSION

The composition of the essential oil has been varying according to the region, soil type and environmental condition from where the plant species have been collected [60,61]. It has been found from the literature that the most of species growing in the Himalayas region have compounds other than nepetalactone as major constituents in their essential oils as compared to the species growing in other parts of the world (Iran, Tehran, Serbia, Egypt, Turkey, Brazil, USA etc.), which have both nepetalactone along with its derivatives and other than nepetalactone compounds as the major ingredient of their essential oils. The essential oil isolated from different plant parts viz. stem, leaves, flowers (fresh or dry) collected at different age and vegetative cycle stage have no major effect on the composition of the oil. It has been also found from the literature that the oil of different species of Nepeta have been mostly isolated from aerial parts mainly collected during full flowering stage with hydro distillation using Clevenger type apparatus gives good results. For the sustainable growth and development, a gradual shift from the use of synthetic drugs and agrochemicals to the natural ones has been witnessed as the latter have proven to be non-toxic, cheap and easily available. Active ingredients isolated from genus Nepeta has been reported to show wide array of biological activity in medicinal and agriculture field. Depending upon the multiple uses of secondary metabolites obtained from genus Nepeta, their structure-activity relationship and activity screening goes unabated. The present review would be supportive in the enhancement of today's research in the development of new biologically potent compounds derived from plants which would find many applications in medicinal and agricultural fields.

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