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Can plant product be substitute for artificial oral contraceptive pills?**Asha Kadam***Dada Patil Mahavidyalaya, Karjat, Ahmednagar, Maharashtra, India*

Contraceptive methods mean birth control and fertility control methods or devices which used to prevent pregnancy. There are many categories of birth control methods but some having negative influence or risks and some safest and healthiest options. In the present study, we surveyed 269 women from Ahmednagar region and we found that among the 269 women, 179 women were used artificial contraceptives and rest of the women were not used any type of contraceptives. According to the feedback of these women only some having satisfaction and remaining most of women are not satisfactory with these contraceptives, because of high risk of cervical cancer, blood clots, cycle irregularities, irregular bleeding, loss of sexual function, vaginal infection etc. Hence according to survey, we analyse that many women turn to birth control pills because they are not aware that there are safer options.

Biography

Dr. Asha Kadam completed her graduation and post-graduation in Botany from New Arts, Commerce and Science College, Ahmednagar affiliated to Savitribai Phule Pune University, Pune, India. She has completed her Ph. D. degree from Savitribai Phule Pune University, Pune. She rendered her services as an Assistant professor. She has published 22 research papers in national and International peer reviewed, UGC care listed research journals and written 5 books. She has wider research and teaching experience at various levels in academics. Her major field of research interest is traditional contraceptive plants and their authentication. She has formulated a contraceptive drug and tested in experimental animals. He has presented several research papers in various symposia and conferences in India and abroad.

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