# **Research Article**

# Antinociceptive and Anti-Inflammatory Activities of Euphorbia Hirta L. Leaves in Animal Models.

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#### **ABSTRACT**

The present study was done to arrive the potential of chloroform extract of Euphorbia (E) Euphorbia (E) Euphorbia (E) Euphorbia (E) Euphorbia (E) Euphorbia Euphor

**Keywords:** Antinociceptive, Anti-inflammatory, Behavioral study, Chloroform extract, Euphorbia Hirta L. Leaves.

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## INTRODUCTION

Euphorbia hirta L. belongs to the plant family Euphorbiaceae is a annual herb, a slender- stemmed, annual hairy plant with branches, including inflorescence and capsules are found tropical Africa and also in South Africa . Within India, it is common in waste ground throughout the hotter parts. It is sufficiently found in the Coastal South Orissa of India. The plant is well known under vernaculars as 'Snake weed' or 'Asthma herb' in English, 'Haraharia' in Oriva, and 'doodhli' in Hindi and 'Dugdhika' in Sanskrit [1]. The powdered leaves are useful in intestinal parasites, diarrhoea, peptic ulcers, heartburn, vomiting, amoebic dysentery, asthma, bronchitis, hay fever, laryngeal spasms, emphysema, coughs, colds, kidney stones, menstrual problems,

sterility, venereal diseases, worm infestations in children, gonorrhoea, jaundice, pimples, digestive problems and tumours [2]. This plant contains main chemical constituents viz; euphorbianin, leucocyanidol, camphol, quercitrin and quercitol gallic acid, myricitrin, 3, 4-di-0galloylquinic acid, 2, 4, 6-tri-O-galloyl-Dglucose, 1, 2, 3, 4, 6-penta-0-galloyl-β-Dglucose,1, 3, 4, 6-tetra-*O*-galloyl-β-Dglucose, Triterpenes and phytosterols (β-Amyrin, 24-methylenecycloartenol, and β-Sitosterol, heptacosane, nnonacosane [3-12]. The literature reveals that the *E. hirta* leaves are used orally against pain, inflammation and epilepsy in traditional system [13] and most of the phyto constitutes were isolated from leaves of E.

hirta. Hence, the leaves of this plant have been used for all pharmacological activities. It has become necessary to search new analgesics due to the limitations of opioid and NSAID therapy and on account of the usefulness of this plant in the traditional some treatment of painful inflammatory conditions which has not yet been scientifically proved. Hence, an attempt has been made to ascertain the scientific validity to examine the possible antinociceptive, anti-inflammatory and also behavioral study of the crude chloroform extract of E .hirta L. leaves in animal models.

# MATERIALS AND METHODS Plant Material

Euphorbia Hirta L. leaves were collected during the month of August from the rural belt of high land of Chandili village. Rayagada Dist, Orissa India, identified and authenticated by Prof. S. K. Dash, HOD, PG Department of Bioscience, College of Mohuda, Pharmaceutical Sciences, comparing with the voucher specimen (EHL-I) present in the herbarium, has been kept in the laboratory for future references. The collected plants were washed and air-dried under the shade, cut into minute pieces, powdered by a mechanical grinder and passed through 40-mesh sieve and stored in a closed vessel for future use.

# Preparation of Euphorbia Hirta L. Chloroform Extract

The dried, powdered leaves of Euphorbia Hirta L.(1 kg) were extracted successively with 1,200 ml of petroleum ether (60 - 80°C) and 1200ml of chloroform in soxhlet apparatus by following standard TAPPI test Method. A dark greenish black coloured petroleum ether extract was obtained. The same powdered leaves (marc), after proper drying, were extracted with chloroform (5 hr) to produce a greenish brown semisolid mass. The extractions were carried out until the solvents became colourless. These extracts were again dried and concentrated by evaporating the solvent completely under vacuum at the range of boiling points of solvent (Chloroform at 62°C) using rotatory evaporator (Jain Scientific glass works, DTC 201, Ambala cantt, India). The chloroform extract (yield 5.47 % w/w with respected to dry powdered plant material) was selected

for all experimental procedure. The chemical constituents of the extract was recognized by qualitative analysis and confirmed by the thin layer chromatography (i.e. hRf values). EHCE was prepared an emulsion by triturating the accurately weighed quantity of the extract with 0.025 % w/v of carboxyl methyl cellulose (CMC) used for the study. All extractive solvents are of analytical grade reagents (AR).

## **Preparation of Drugs**

Tramadol (Contramal, Nicholas Piramal India Limited, Mumbai.) was dissolved in 0.025% w/v of CMC. Diclofenac sodium (Diclomax, Torrent Pharmaceutical Pvt. Ltd., Ahmedabad, India) and carrageenan (Sigma Chemicals Company. St. Louis, MO, USA) were used for the Anti-inflammatory study. The standard drug diazepam (Calmpose, Ranbaxy Lab, India) was used for behavioral study. EHCE and standard drugs were prepared by suspending them in 0.025% w/v CMC at definite concentrations separately for all pharmacological studies.

## **Preliminary Phytochemical Analysis**

The EHCE was subjected to preliminary phytochemical screening for revealing of major chemical groups. In each case test 10% w/v solution of the extract in chloroform was used and unless otherwise mentioned in individual test [14].

## **Experimental Animals**

Adult wister albino rats weighing between 180 and 220 g and Swiss albino mice of either sex between 18 and 22 g were used for the experiments, obtained from M/s Ghosh & Ghosh enterprises, Kolkata, India and were housed in standard polypropylene cages at room temperature of 30 ± 2°C and 60 - 65% relative humidity and had free access to food and water ad libitum.. The animals were used for the experiment after an acclimatization period of one week. All procedures described were reviewed and approved by the Institutional Animals Ethical Committee (CPCSEA approval no. 1018/c/06/CPCSEA) of Royal College of pharmacy and Health Sciences, Berhampur,

#### **Acute Toxicity Analysis**

Toxicity study of the EHCE was performed to get the information, how safe is this extract for the therapeutic use. The LD50 value of

EHCE was derived by following the method [15]. The maximum non-lethal dose was found to be 4,000 mg/kg body weight, orally. The 0.025% CMC was used as a vehicle and showed no mortality. The determination of acute toxicity by adopting fixed dose the guideline of CPCSEA and 1/10th of LD50 cut off values [14, 16] of the extracts were taken as screening dose. i.e. 100, 200, 400 mg/kg for subsequent studies.

## **Antinociceptive Activity**

Antinociceptive activity of the EHCE was tested by using the Experimental models of Tail immersion method and Hot plate method. In the tail immersion method, the water bath was maintained at 55 ± 0.5°C and the tail of mouse was immersed to a constant level (5 cm) in it. The time to flick the tail from water (reaction time) was recorded. A maximum immersion time of 30 s. was maintained to prevent thermal injury to the animals [17]. The reaction time was measured 30 min before test and reference standard. A considerable increase in reaction time compared with control was considered a positive analgesic response. The Hot plate test was carried out using an UGO Basile hot plate apparatus (Socrel model D-S37, Italy). The hot plate test was used to evaluate latency time by following the method [18]. The temperature of the hot plate was maintained at 55 ± 0.5°C to assess the thermal-induced antinociceptive activity as described [19]. Animals were placed into Perspex cylinder on the heated surface and the time between placement and licking of the paws or jumping was recorded as response latency. After 16 h. fasted mice were divided into five groups of six mice in each. Group-I, served as a control, received 0.025% w/v CMC, 10 ml/kg, orally, Group-II to IV, animals received EHCE at dose of 100, 200 and 400 mg/kg, orally and Group-V, animals were treated with tramadol (50 mg/kg, orally) as a positive-control. Cut off time for the response was set at 60 s to avoid tissue damage to the mice paws [20]. After the determination of baseline response latencies, hot-plate latencies were redetermined at 30min, 60min, and 90min after oral administration of tested drugs and positive-control in this experiment. The pain inhibition percentage was calculated [21,22], according to the following formula.

% of (PIP) = Latency (test) - Latency (control) ×100)/Latency (control).

## **Anti-Inflammatory Assay**

According to the technique [23, 24], antiinflammatory activity was evaluated by using the carrageenan-induced edema in rat paw. After 16 h fasted rats were divided into five groups of six each categorized as Group I to Group V. Group-I, served as a control, received 0.025% w/v CMC at the dose level of 10 ml/kg, orally, Group-II to IV, animals received EHCE at dose of 100, 200 and 400 mg/kg, orally, Group-V, animals were treated with standard drug diclofenac sodium at the dose level of 10mg/kg, orally. Acute inflammation was induced by carrageenan in sub planter side of the right hind paw in rats. The paw was marked with ink at the level of the lateral malleolus and dipped in Perpex cell up to this mark. The measurement of the paw volume was carried out by means of Ugo Basile Plethysmograph model 7150, before and after 4 h after carrageenan injection [25]. Percentage inhibition of edema calculated using formula [26]. % Pain Inhibition =  $(1- Vt/Vc) \times 100$ . Where, Vt =Increase in paw volume in drug treated rats and Vc = Increase in paw volume in control group treated rats.

## **Behavioral Analysis**

Behavioral analysis of the animals was evaluated by Elevated plus maze method (EPM). The EPM apparatus consisted of two open arms  $(30 \times 5 \text{ cm})$  and two closed arms  $(30 \times 5 \times 20 \text{ cm})$  emanating from a common central platform ( $5 \times 5$  cm). The two pairs of identical arms were opposite to each other. The entire apparatus was elevated to a height of 50 cm above the floor level. The animals received the treatment 15 min. before the start of session as per the schedule. At the beginning of the session, a mouse was positioned at the centre of the maze, its head facing the closed arm and allowed to explore the maze for 5 min. All the entries were recorded regarding the time spent in the open arm and the percent entries in the open and closed arms. An entry was defined as the presence of all four paws in the arm [27]. The EPM was carefully wiped with 10% ethanol after each trail to eliminate the possible bias due to the odor of the previous animals [28]. Group-I, served as control, received 0.025 % w/v CMC, 10 ml/kg, orally, Group-II to IV, animals received EHCE at dose of 100, 200 and 400 mg/kg and Group-IV, animals were treated with standard drug diazepam at the dose level of 4 mg/kg, orally and the average time spent in both open and closed arm in each group of the mice were recorded.

## **Statistical Analysis**

The results were presented as Mean  $\pm$  S.E.M. and statistical significance (P < 0.001) between treated and a control group was evaluated by paired t-test [29].

## **RESULTS**

## **Preliminary Phytochemical Analysis**

Results of different chemical tests on the chloroform extract of *E. Hirta L.* showed the presence of phytoconstituents viz., steroids, terpenoids, flavonoids, saponins and tannins.

# **Antinociceptive Activity**

The effects of the EHCE were used to investigate the antinociceptive effects in

animal models by adopting two methods of tail immersion test and hot plate test are shown in (Table 1 & 2) respectively. The extract produced about 67 and 75 % of PIP in test animals in case of tail immersion method at the dose of 200 and 400 mg/kg after every one-hour intervals. The results were found to be statistically significant (P < 0.001) antinociceptive effects and were comparable to the standard drug tramadol, which showed 71% of PIP at the dose of 50 mg/kg (P < 0.001). The centrally acting analgesics generally elevate the pain threshold of mice towards heat. EHCE significantly (P < 0.001) increased the reaction time of animals towards the thermal source in a dose-dependent manner. In hot plate test EHCE showed a pain inhibition percentage (PIP) of 60.87% and 64.94 %, respectively whereas tramadol showed a greater PIP of 67.47 % at 90 min after treatment.

Table 1: Antinociceptive activity of *Euphorbia hirta l.* by tail immersion method.

C	Dose	Destate	Post treatment			
Groups	(mg/kg)	Pretreatment	1h	2h	3h	4h
(Group-I)Control (0.025%CMC	10 ml	1.6 ± 1.05	1.6 ± 1.13	1.6 ± 1.13	1.6 ± 1.13	1.6 ± 1.13
(Group-II) EHCE	100 mg / kg	1.7 ± 1.52	1.71 ± 1.01 (6.43%).	1.85 ± 1.0 (13.51%).	1.87 ± 1.0 (14.44%).	4.22 ± 1.02 (62.00%).
(Group-III) EHCE	200 mg / kg	$1.8 \pm 0.9$	4.9 ± 0.9a (67.35%).	6.5 ± 1.5a (75.38%).	6.6 ± 1.21a (75.76%).	5.5 ±1.12a (70.91%).
(Group-IV) EHCE	400 mg / kg	1.9 ±1.02	6.3 ± 1.05 (74.60%).	6.6 ± 1.12a (75.76%).	6.4 ± 1.1a (75.00%).	7.1 ± 1.21a (77.46%).
(Group-V) Tramadol + control (Positive control)	50 mg / kg	1.8 ±1.2	5.5 ± 1.12 (70.91%).	10.8 ± 1.0 (85.19%).	12.2 ± 1.0 (86.88%).	14.3 ± 1.01 (88.81%).

Results expressed as mean  $\pm$  S.E.M. aP < 0.001 significantly different from control; Paired t - test ( n = 6).

Figures in the parentheses indicate % of (PIP) in mice.

#### **Anti-inflammatory activity**

Indigenous drug systems can be a source of variety of new drugs, which can provide relief in inflammation but their claimed reputation has to be verified on scientific basis. The present investigation revealed that the anti-inflammatory activity of *E. Hirta* on carrageenan

induced paw edema in rats is shown in (**Table 3**). These results indicate that, EHCE showed significant reduction (P < 0.001) in edema volume at oral dose of 100, 200 and 400 mg/kg of body weight, which is comparable to the standard drug diclofenac sodium at the dose of 10 mg/kg in acute inflammatory model.

Table 2: Antinociceptive activity of *Euphorbia hirta l.* leaves by hot plate method.

Treatment	Dose	J	Paw ticking	time in seco	nds	Paw jumping time in seconds			
	(mg/kg)	0	30	60	90	0	30	60	90
(Group-I) control (0.025%CMC)	10 ml	3.1 ± 0.1	2.9 ± 0.3	2.7 ± 0.21	$2.8 \pm 0.1$	3.1 ± 1.0	2.9 ± 0.8	2.8 ± 0.6	2.7 ± 0.4
(Group-II)	100	3.7 ± 0.31	3.7 ± 0.2b	4.6 ± 0.1b	5.1 ± 0.12b	3.7 ± 0.3	6.3 ± 0.1b	6.7 ± 0.2b	6.6 ± 0.4b
ЕНСЕ	mg / kg		(21.62%)	(41.30%)	(45.09%)		(53.97%)	(58.21%)	(59.09%)
(Group-III)	200	$3.6 \pm 0.12$	4.8 ± 0.15	$4.5 \pm 0.1$ b	5.7 ± 0.12b	$3.8 \pm 0.3$	$6.8 \pm 0.4$ b	$6.6 \pm 0.5$ b	6.9 ± 0.6a
ЕНСЕ	mg/kg		(39.58%)	(40.00%)	(50.88%).		(57.35%)	(57.58%)	(60.87%)
(Group-IV)	400	$3.8 \pm 0.12$	$4.7 \pm 0.2$	$4.9 \pm 0.8$	$5.0 \pm 0.5a$	4.1 ± 0.6	$5.9 \pm 0.7$	$5.8 \pm 0.12$	$7.7 \pm 0.5a$
ЕНСЕ	mg/kg		(38.30%)	(44.90%)	(44.00%)		(50.85%)	(51.72%)	(64.94%)
(Group-I) control	50	$3.5 \pm 0.2$	4.7 ± 0.3	5.6 ± 0.12a	6.01 ± 0.15a	3.4 ± 0.1	6.6 ± 0.3a	7.7 ± 0.8a	8.3 ± 0.3a
+ Tramadol	mg/kg		(38.30%)	(51.79%)	(53.41%)		(56.06%)	(63.64%)	(67.47%)

Results expressed as mean  $\pm$  S.E.M.bP<0.05, aP < 0.001 significantly different from control; Paired t - test ( n = 6).

Figures in the parentheses indicate % of (PIP) in mice.

Table 3: Anti-inflammatory activity of *Euphorbia hirta l.* leaves on carrageenan induced paw edema in albino rats.

Treatment	Dose	Percentage of inhibition of paw edema after carrageen injection					
	(mg/kg)	1h	2h	3h	4h		
(Group-I) Control (0.025 % CMC)	10mg / kg	13.22 ± 1.97	35.28 ± 4.05	41.20 ± 4.06	41.00 ± 5.12		
(Group-II) EHCE	100mg / kg	30.90 ± 2.77a	70.83 ± 9.63a	100.70 ± 8.67b	110.54 ± 10.38b		
(Group-III) EHCE	200 mg / kg	24.74 ± 4.20a	46.28 ± 1.01a	70.62 ± 7.80a	80.09 ± 4.56a		
(Group-IV) EHCE	400 mg / kg	19.64 ± 0.705a	40.09 ± 0.71a	62.92 ± 7.604a	69.79 ± 4.26a		
(Group-V) Diclofenac sodium	10 mg / kg	44.34 ± 2.46a	99.80 ± 3.64a	130.04 ± 2.53a	134.76 ± 5.34a		

Results expressed as mean  $\pm$  S.E.M.bP<0.05 , aP < 0.001 significantly different from control; Paired t - test ( n = 6).

## **Behavioral Study by EPM**

In EPM, the behaviour, which was absorbed that, confirmed the anxiolytic activity of diazepam as reported. The effect of the EHCE on behavioral study by EPM in mice was depicted in Table 4. In administration of diazepam 4 mg/kg, i.p. dose produce significant

anxiolytic effect indicated by increase in the open arm entries, time spent in open arm. However, there was no significant anxiolysis effect or impairment in behavioral of the animals observed with EHCE at the dose levels of 100, 200 and 400 mg/kg of body weight when administered orally.

Table 4: Behavioral study of *Euphorbia hirta l.* leaves by elevated plus maze (EPM) in mice.

Treatment	Dana	Number o	f arm entry	Time spend in arms(seconds)		
Treatment	Dose	open	closed	open	closed	
(Group-I)Control (0.025% CMC)	10ml	2.3 ± 2.2	4.5 ± 2.3	48.42 ± 1.98	251.63 ± 1.92	
(Group-II) EHCE	100mg / kg	0.8 ± 1.15	1.4 ± 1.97	24.20 ± 2.13	227.0 ± 1.99	
(Group-III) EHCE	200 mg / kg	1.6 ± 2.1	2.0 ± 2.18	24.2 ± 2.28	275.70 ± 2.02	
(Group-IV) EHCE	400 mg / kg	1.5 ± 2.18	2.10 ± 2.17	27.2 ± 2.02	274.6 ± 2.13	
(Group-V) Control + Diazepam	4 mg / kg i.p.	5.7 ± 2.15	1.2 ± 2.01	267.0 ± 1.89	31.2 ± 1.98	

 $Administration \ of the \ diazepam \ 4mg \ / \ kg \ , i.p. \ dose \ produce \ significant \ anxiolytic \ effect \ compared \ to \ that \ of \ the \ control \ group.$ 

However, there was no significant anxiolysis effect in EHCE when administered orally.

#### DISCUSSION

In acute toxicity study, oral administration of EHCE did not produce any mortality in mice upto a dose level of 4 g/kg. This may be due to broad non-toxic range of the plant, where the plant extract showed a high LD50 and relatively safety. The antinociceptic effect of EHCE was investigated by two well-established assay procedures. The antinociceptic action of all the tested compounds was clearly evident by a dose dependent reduction on tail immersion test and hot plate test are shown in Table 1 & 2 respectively. These methods for investigating antinociceptive were selected such that centrally mediated effects were investigated. Even though the present day armamentarium is rich in potent analgesic agents, the search for novel and safe analgesic drugs continues and vigorously pursued in many parts of world. The reasons are very obvious; the most potent opiate group of analgesics is associated with many undesirable side effects and also carries a potential for drug addiction. The other prominent groups of analgesics viz. NSAID are notorious for their ulcerogenic [30] and nephrotoxic potential [31]. In this regard, it is interesting to note that many flavonoids isolated from various plants exhibited potent analgesics and antiinflammatory action [32-35]. It is also believed that those flavonoids ability to influence the said activities occur through modulation of the pro-inflammatory gene expression, such as inducible NO synthase and cyclooxygenase-2 [36]. Due to these valid reasons, the plant E.Hirta was explored for antinociceptive and anti-inflammatory activities. The EHCE at the doses of 100, 200 and 400 mg/kg, p.o. tested was shown to possess antinociceptive activity in tail immersion method. It has been assumed that thermally motivated and tonic tests elicit the selective stimulation of  $A\delta$  and C fibers. respectively [37]. It is tempting to propose that EHCE or its metabolites may interfere with the transmission of both fibers or with a common pathway, such as spinal and thalamic pathways. The hot-plate test was selected investigate central analgesic activity, because it had several advantages, particularly the sensitivity to strong analgesics and limited tissue damage. Hence, the hot plate method was employed to verify if the extract could show any central analgesic effect, as the test is specifies analgesic test [38]. It was demonstrated that the EHCE at dose of 100. 200 and 400 mg/kg, p.o. widely used acute

inflammatory model for studying antiinflammatory agent. The EHCE were found to be statistically significant (P < 0.001) antinociceptive effects and were comparable to the standard drug tramadol at the dose of 50 mg/kg. Edema the early phase represents inflammation in carrageenan induced paw edema and is the simplest and most widely used acute inflammatory model for studying anti-inflammatory agent. The development of Carrageenan-induced edema is believed to be biphasic of which the first phase is mediated by release of histamine, serotonin and kinine in the first hour after injection of carrageenan and the second phase is related to release of prostaglandin like substances in 2-3 h. [39-41]. The EHCE significant anti-inflammatory activity at 4 h against carrageenan injection suggesting that the extract predominantly inhibits the release of prostaglandin like substances from phlogenic stimuli. There are reports that flavonoid possesses anti-inflammatory activity [33-35,42] and some of them also act as phoshpholipase inhibitors [43-45]. Also, there are few reports on the experimental models, the non selective antagonist of opiod receptors apparently acts by antagonizing the action of endogenous opiods involved in pain or stress [46]. In the present study, the maximum anti-inflammatory effect of EHCE may be attributed to presence of flavonoids as evident by preliminary phytochemical investigations. From the results it could be concluded that the extracts exhibit anti-nociceptive activity by central as well as peripheral mechanism(s). The behavioral study of the animals was evaluated by EPM. The EPM test is based on a premise where the exposure to an EPM evoked an approach avoidance conflict that was considerably stronger than that evoked by the exposure to an enclosed arm [27, 47]. The decrease in aversion to the open arm is the result of an anxiolytic effect expressed by the increase time spent and entries in the open arm. Most of the sedatives and hypnotics drugs were implied by the method of EPM. Generally

sedatives and hypnotics suppress cerebral activity. They also depress the CNS beginning with the cerebral cortex and descending with increasing dose to the medullury centers causing medullary paralysis [48]. It was reported that the administration of diazepam 4 mg/kg, i.p.dose produce significant anxiolytic effect [49], indicated by increase in the open arm entries, time spent in open arm and closed arm. The control group and the dose levels of 100, 200 and 400 mg/kg of body weight of EHCE was not produce significant anxiolysis effect when compare to standard drug. Finally, it concluded that the EHCE possess antinociceptive. remarkable inflammatory activity but no anxiolytic activity. However, more detailed phytochemical studies are necessary to identify the active principles and exact mechanisms of action.

#### CONCLUSION

There has been a growing trend towards natural medicines and the use of dietary supplements for modern healthcare, as throughout the world people becoming increasingly dissatisfied with the possible side-effects, lack noticeable long-term results and high cost with allopathic associated Therefore, the leaves of the plant *Euphorbia* Hirta L. (Family-Euphorbiaceae) were selected for the present investigation. In traditional system of medicine, the plant Euphorbia hirta L. leaves were found to be very useful for the treatment of various human ailments. The plants have been reported by different researchers to have various medicinal values. Finally, it concluded that the EHCE possess antinociceptive, remarkable antiinflammatory activity but no anxiolytic activity.

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