

Home Health Care Services

Mohamed A*

College of Clinical Pharmacy, Egypt

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Mohamed A, College of Clinical Pharmacy, Egypt.

Email: a.mohamed@yahoo.com**INTRODUCTION**

A patient's options for receiving home health care facilities are almost endless. Treatment can vary from nursing to specialist medical procedures, such as laboratory workups, depending on the particular patient's condition. Your medical schedule and any treatment you will need at home will be determined by you and your doctor. The below are examples of at-home support services ^[1]:

Doctor Care

A physician may come to a patient's home to diagnose and treat an illness (es). He or she can also check the needs for home health services on a regular basis.

Nursing care

The most popular method of home health care is nursing care, which varies based on the individual's needs. A licenced nurse may create a treatment plan in consultation with the specialist. Wound treatment, ostomy treatment, intravenous injection, drug administration, patient management, pain management, and other health assistance are also examples of nursing care ^[2].

Physical, Occupational and/or Speech Therapy

Following an illness or accident, certain patients may need assistance in relearning how to perform everyday tasks or improving their voice. A physical therapy should devise a treatment schedule to help a patient regain or improve muscle and joint function. An occupational therapy may assist a patient with physical, developmental, cognitive, or emotional difficulties with relearning everyday tasks such as sleeping, washing, dressing, and other activities. A speech therapist may assist a patient who has lost their capacity to speak clearly.

Medical Social Services

Medical social workers provide patients with a variety of programmes, including counselling and finding neighbourhood supports to aid in their rehabilitation. When the patient's medical situation is complicated and involves integration of many resources, certain social workers often serve as the patient's case manager.

Care from Home Health Aides

The patient's simple personal needs, such as getting out of bed, sitting, washing, and dressing, will be supported by home health aides. Under the supervision of a nurse, some aides have undergone advanced training to help with more specialised treatment.

Homemaker or Basic Assistance Care

When a patient is receiving medical treatment at home, a homemaker or someone who assists with chores or duties will keep the house in order by preparing meals, doing laundry, grocery shopping, and other housekeeping tasks.

Companionship

Any patients who are alone at home may need the company and supervision of a companion. Some companions may also help out around the home.

Volunteer Care

Companionship, health care, lodging, social counselling, and/or paperwork assistance are also examples of how volunteers from service groups may offer basic relief to the patient.

Nutritional Support

Dieticians may come and a patient's home to do nutritional tests and offer recommendations to help them stick to their recovery plan.

Laboratory and X-ray Imaging

Certain medical examinations, such as blood and urine tests, should be completed in the patient's own home. Furthermore, lab technicians may execute this service at home using portable X-ray devices.

Pharmaceutical Services

Hospital supplies and appliances can be shipped to your house. If the patient requires it, instruction in how to take medications and use supplies, including intravenous therapy, will be given.

Transportation

There are businesses that provide rides to and from hospital facilities for surgery or physical tests [3].

Home-delivered Meals

Many cities provide this programme, known as Meals-on-Wheels, to patients at home who are unable to cook for themselves. Hot meals can be served several days a week, depending on the individual's preferences.

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