

Important Sources and Medicinal Applications of L-Asparaginase

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ABSTRACT

L-Asparaginase (EC 3.5.1.1) is an amidohydrolase which catalyzes the breakdown of L-asparagine to ammonia and L-aspartic acid. Its broad use in both: food industry and chemotherapy makes it an object of wide research. It can reduce acrylamide formation in the baking of starchy foods and selectively kill tumor cells by depleting asparagine levels in the blood which is essentially required by tumor cells for continuous growth. However, hypersensitivity and toxicity puts a big question mark on L-Asparaginase therapy and raises the need to research for the ideal enzyme which should exhibit lower antigenicity, toxicity and a higher efficacy. Thus all future research should be directed towards lowering or eradicating of the undesirable properties to produce such enzyme for therapy. Some of the promising methods include: Site directed mutagenesis to remove immunogenic epitopes from the enzyme, using Random mutagenesis to increase efficacy of the enzyme or using Poly-L-Asparaginase nano capsules for increased efficacy and delivery with reduced toxicity. Although this subject has been reviewed in the past but an updated review with a comparison with previous studies can serve as fuel and direction for future research. The following review discusses the current research on L-Asparaginase, its properties, sources, uses and future implications.

Keywords: Acrylamide, acute lymphoblastic leukemia, GRASPA, L-Asparaginase, PEGasparaginase.

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INTRODUCTION

L-Asparaginase (L-asparagine amidohydrolase; EC 3.5.1.1), belongs to the amidohydrolase family. It catalyzes the breakdown of L-asparagine to ammonia and L-aspartic acid. The ammonia produced can be quantified using a gas analyzer with ammonia sensing electrodes (1) or the ammonia can be combined with α -ketoglutarate to form L-glutamic acid using glutamate dehydrogenase. This reaction is marked with a decline in the NADH concentration and is detected as a loss of absorbance at 340 nm. Thus the activity of L-Asparaginase can be determined and expressed as ASNU units where one ASNU is defined as "The amount of L-Asparaginase that produces 1 micromole ammonia per minute under the conditions of the assay (pH=7 \pm 0.05; temperature= 37.0 \pm 0.5 $^{\circ}$ C) (2).

L-Asparaginase has two broad applications, one of which is in the food industry (3)

where L-Asparaginase is used in the production of dough based products, such as cookies, and high starch containing products such as potato chips and french fries (4). This is done to reduce acrylamide formation which takes place at elevated temperatures of baking or frying as a consequence of millard reaction between Asparagine and the reducing sugars present in such food (3, 5, 6). The other application of L-Asparaginase is as an antineoplastic agent used in the treatment of acute lymphoblastic leukemia and lymphosarcoma (7). L-Asparagine is required by a normal growing cell for protein synthesis. It is either acquired externally through diet or synthesized by the cell using L-Asparagine synthetase. Tumor cells have decreased L-Asparagine synthetase expression and their dependence on high amounts of external L-Asparagine for protein synthesis to keep up with the rapid proliferation rates is

exploited in L-Asparaginase therapy. The enzyme deprives tumor cells by depleting external L-Asparagine, resulting in their death (8, 9).

Isolation of L-Asparaginase

L-Asparaginase can be isolated from plant and microbial sources.

From *E. coli*

E. coli produces two distinct L-Asparaginases differing in properties, especially in affinities for the substrate asparagine (10). L-Asparaginase II has a higher affinity for asparagine and is localized in the periplasmic space between the cell membrane and cell envelope (11). L-Asparaginase II has been shown to inhibit the growth of rat and mouse tumors grown in vivo more effectively than L-Asparaginase I which is ineffective against such tumor growth (12-14).

It was concluded by (10) that the optimum production of L-Asparaginase II takes place when bacteria is grown at pH 7 to 8 at 37 °C in an enriched media with variety of amino acids in high concentration with no specific amino acid inducing L-Asparaginase synthesis. It was also shown that glucose along with other sugars has an inhibiting effect on enzyme synthesis. The enzyme production was seen between the transitions from aerobic to anaerobic growth. Although enzyme was produced in aerobic conditions; however, 100-1000 times more L-Asparaginase was produced anaerobically.

From *Erwinia*

L-Asparaginase purified from *Erwinia aroideae* overcomes the problem of antigenic reactions taking place in some patients under treatment with L-Asparaginase II of *E. coli* (15-17). Although L-Asparaginase isolated from *E. coli* and *Erwinia* are similar in size (approximately 140,000), they are not homologous (18-20). Peterson and coworkers in 1969 concluded that *Erwinia* has only one, intracellular L-Asparaginase and by using *Erwinia aroideae* NRRL B-138, maximum obtainable yield of L-Asparaginase was 1250 IU per gram of dry weight of cells in 8 hours. After extraction, partial purification and concentration a yield of 275 IU/ml was obtained. The pH optimum for enzyme was found to be 7.5 with a Km of 3×10^{-8} M. L-

Asparaginase from *Erwinia* possessed strong antitumor activity as a dose of 3.6 IU caused tumor regression up to 6 mm in 4 days and only a single dose of 5IU injected intraperitoneally into mice yielded complete remission (16).

By other bacteria

Peterson and coworkers in 1969 further tested 123 bacterial isolates for L-Asparaginase production. They found enzyme yields between 80-950 IU per gram dry weight of cells. They further concluded that almost all strains tested had some measureable amount of enzyme; however, one strain of *Hydrogenomonas eutropha* and four strains of *Erwinia aroideae* produced substantially higher amounts of the enzyme under similar conditions. Other bacteria tested included *Pseudomonas* with highest yield shown by *P. aureofaciens* (up to 300 IU/g); *Proteus* with highest yield by *P. vulgaris* (up to 370 IU/g); *Serratia marcescens* (up to 335 IU/g) (21).

From Filamentous fungi

L-Asparaginase from bacterial sources has the problem of causing allergic reactions (22). Pronk and coworkers in 2008 concluded L-Asparaginase of eukaryotic origin (*Aspergillus oryzae*) has lower allergenicity (2). Production of L-Asparaginase from filamentous fungi was reported by Sarquis and coworkers in 2004 (23). They investigated L-Asparaginase production in *Aspergillus tamarii* and *A. terreus*. It was seen that *A. terreus* exhibited highest activity (58 U/L) in 2% proline medium and no activity in medium containing glutamine and urea as nitrogen sources, suggesting that L-Asparaginase production is under nitrogen regulation.

Other fungi known to show L-Asparaginase activity include: *Penicillium*, *Fusarium*, *Rhodotorula* and *Rhodospiridium* (24-29).

From plants

Heeshen and coworkers in 1996 discovered two isoforms of L-Asparaginase from Bryophyte *Sphagnum fallax* (30). Similarly, Borek and coworkers, in 1999 noted *Lupin arabeus* and *Lupin angustifolius* showed greater production of L-Asparaginase (31). The enzyme is also found in roots of *Pinus radiata* and *Pinus pinaster* due to ectomycorrhizal association (32). Bruneau and coworkers in 2006 found a K⁺

dependent L-Asparaginase in *Arabidopsis* (33).

Detection, Purification and Characterization

First reports on detection using a simple plate assay for L-Asparaginase activity was made by Gulati and coworkers in 1997 (34), done on modified M9 media and Czapekdox's media supplemented with phenol red as an indicator for pH change which occurs due to the formation of ammonia on the breakdown of L-Asparagine. Pink to red colonies, exhibiting Asparaginase activity can be clearly differentiated from others while the intensity of colour co-relates with the activity. A modified version of the assay was reported by Ghasemi and coworkers in 2008 (35).

Purification and Characterization of L-Asparaginase from *Vibrio succinogenes* was documented first by Distasio and coworkers in 1976 (36). They first obtained a homogeneous preparation of L-Asparaginase by ammonium sulfate fractionation and then isolated the enzyme by affinity chromatography on columns of hydroxylapatite, CM-Sephadex and DEAE-Sephadex, respectively. The purity of L-Asparaginase was tested on SDS - gel electrophoresis which yielded a single band. The overall yield obtained by them was 40 to 45 % with a specific activity up to 200 IU per mg of protein. The enzyme had a molecular weight of 146,000 with a K_m of 4.78×10^{-5} and did not carry any disulfide, sulfhydryl, tryptophan, and phosphorus or carbohydrate groups. L-Asparaginase of *V. succinogenes* hydrolyzed D-Asparagine at a rate of 6.5% greater than with the L isomer and is immunologically distinct from *E. coli* L-Asparaginase.

Most common way of purification is through ammonium sulfate precipitation followed by chromatographic techniques. Nagarethinam and coworkers in 2012 compiled various techniques used with results expressed as purification fold in their review (8).

Crystal structure of L-Asparaginase

Crystallographic investigation of L-Asparaginase II is recorded by Swain and coworkers in 1993 (37). They determined Elspar at 2.3 Å resolution by combining

molecular replacement with data obtained a single heavy atom derivative. The enzyme was found to be a homo-tetramer belonging to α/β class of proteins with 222-symmetry. There are two subunits on each domain with unique topological features. They proposed the active site between C and N-terminal domains belong to different subunits and suggested a role of Thr-89 in catalysis. In this regard, the role of Thr-15 and Try-29 in catalysis was confirmed by Aghaiypour and coworkers in 2001 (38). A comparison between solution and crystal form of *E. coli* L-Asparaginase II by SAXS pattern was performed by Kozak and coworkers in 2002 (39). They found that the overall quaternary structure is same in both crystal and solution form; however, the homo-tetramer is less compact in solution than in the crystal form.

L-Asparaginase from *Erwinia chrysanthemi* (ErA) was determined at 1.8 Å resolution by Miller and coworkers in 1993 (40). They found a rare occurring in its structure; pair of dimers were linked by conserved residues in a left-hand crossover into a tetrameric, catalytically active form, which was essentially responsible for release of product. Palm and coworkers in 1996 reported that the nucleophile, Thr15 is located in the flexible region (41).

K⁺-independent plant L-Asparaginases were reported by Michalska and coworkers in 2006 (42). They found that the $\alpha\beta$ subunits arise from auto-proteolytic cleavage of two copies of precursor protein and the heterodimer is in $\alpha\beta\beta\alpha$ configuration. Thr-193 acts as the nucleophile and is part of the active site. The unusual loop seen in bacterial L-Asparaginases is also present in plant enzyme.

As a food agent

As documented in a joint FAO/WHO report in 2007, asparaginase enzyme is used in food industries to prevent acrylamide formation in dough-based products, and starchy food, such as cookies and french fries. Acrylamide is formed by Maillard reaction between asparagine and reducing sugars which are abundantly present in such foods. This reaction is prevented by adding asparaginase which converts asparagine into aspartic acid, making it unavailable for Maillard reaction. For

dough-based products the enzyme is added prior to baking in 200-2500 ASNU (0.06-0.7 g enzyme preparation) per kilogram food and potato strips are dipped in 2000 ASNU (0.6g enzyme preparation) per killogram food (3).

Acrylamide, a notable carcinogen, has high concentration in heat-treated foods abundant in carbohydrates (5). In this context, Boegl in 2006, tested the potency of Asparaginase to reduce acrylamide formation in potato products (4). They found that even small amounts, such as 0.2 units per gram of fresh potato was sufficient enough to decrease acrylamide production by 50% and higher doses up to 1 unit per gram lead to increase in acrylamide reduction, almost up to 97%. Similarly, Anese and coworkers in 2011 tested the effect of asparagine in reducing acrylamide formation in biscuits (6). From their experiments they concluded that at intermediate concentrations of asparaginase acrylamide formation was considerably reduced with no significant change in colour or taste of the final product.

As a drug

Tumor cells require abundant amount of L-Asparagine to grow. They rely on asparagine from diet as well as asparagine synthesized by the cell itself. L-Asparaginase converts L-Asparagine to aspartic acid and ammonia, decreasing the L-Asparagine for tumor cells which heavily rely on L-Asparagine from serum as they have lower levels of L-Asparagine synthetase expression (8, 43, 44). Asselin and coworkers in 1989 quantified the ability of L-Asparaginase as a single agent, in vivo and in vitro, in killing tumor cells in patients undergoing treatment for acute lymphoblastic leukemia (45); cell cycle arrest was observed in murine L5179Y cell line (46) and MOLT-4 human T-lymphoblastoid line (47), causing cell death. *Erwinia caratovora* L-Asparaginase significantly inhibited a human acute lymphoblastic leukemia cell line (48).

The anti-tumor activity of L-Asparaginase is related to the circulation half-life of the enzyme in host serum (49) and its affinity for L-asparagine (12). Among bacterial sources, *E. coli* L-Asparaginase and *Erwinia*

caratovora L-Asparaginase have sufficient circulation half-lives to be of clinical importance (19, 50, 51). In the pharmacokinetics of the drug, it has been observed that after administration the drug remains localized to vascular spaces. It is detected in ascities and pleural fluids (52) but not in cerebrospinal fluid (53). Schwartz in 1970 found out that after administration of 5000 IU/Kg body weight dose, only a small level of enzyme was detectable in cerebrospinal fluid and after injecting directly in cerebrospinal fluid, the enzyme was immediately transferred to plasma (54). Many investigators have proved that patients with hypersensitivity reactions to native L-asparagine preparation tend to have a decreased half-life for L-Asparaginase (12, 55-58).

Clinical pharmacology of L-Asparaginase was reported by Ho and coworkers in 1981 (59). They injected 10,000 U/m² intramuscularly and 16,500-100,000 U/m² intravenously to patients with metastatic cancer and found that the plateau in plasma after intramuscular injection was reached by 14-24 hours while peak plasma levels remained 1.12 U/ml which is one-fourth the activity reached when compared with same dose given intravenously.

Resistance to L-Asparaginase

L-Asparaginase was first believed to be effective against cancerous cells without affecting normal cells. However, this belief was falsified when resistance to the drug emerged by de-repression of L-Asparaginase synthetase gene (60, 61). An increase in L-Asparaginase synthetase activity was observed in patients with acute lymphoblastic leukemia and murine lymphoma cells (44, 56, 62).

Another reason for resistance includes emergence of specific antibodies which rapidly clear L-Asparaginase levels (63). Results of experiments demonstrated normal levels of L-Asparaginase in plasma after drug administrations in patients with hypersensitivity to *E. coli* and *Erwinia* L-Asparaginase (45, 64, 65). Killander and coworkers in 1976 found drug efficacy remained unimpaired even after immunization of patients (66).

Gallagher in 1989 believed that sensitive cells control the expansion of resistant cells via cytokines (67).

Toxicity

Toxicity from L-Asparaginase ranges from acute hypersensitivity and hyperglycemia to pancreatitis and hepatocellular dysfunction (68). The toxicity can be either due to adverse effects of inhibiting protein synthesis or due to hypersensitivity. PEGylation has been reported to reduce toxicity. Generally, L-Asparaginase causes little bone marrow depression and usual dosage does not affect the gastrointestinal or hair follicles or oral mucosa (67).

Clinical manifestation of hypersensitivity involves urticaria; however, allergic reactions range from localized erythema to systemic anaphylaxis. In some patients induration, swelling, edema, chill, tenderness, fever and even skin rashes are reported (69) and often require discontinuation of the drug. Jaffe and coworkers in 1973 calculated the risk factor for L-Asparaginase hypersensitivity and found it to be above 6000 IU/m² per day with intravenous route of administration (70). Although desensitization methods were described but the sample size was not statistically significant (71).

Rivera-Rodriguez and coworkers in 2013 tested delivery of the enzyme through Poly-L-Asparaginase nanocapsules and found this method to be significantly less toxic (72).

Modified L-Asparaginase

In approximately 25% of the patients, allergic reactions ranging from mild to anaphylactic shocks were observed (73). This created the need for development of L-Asparaginase with decreased potential immunogenicity but at the same time preserving its activity. Thus, in mid-1970s, the search for such methods begun (74, 75). Most promising method found was the conjugation of PEG with L-Asparaginase (PEGylation). Two independent teams in 1979 led by Abuchowski and Uren were the first ones to have success in this regard (74, 75). They successfully conjugated PEG with L-Asparaginase and found that the conjugated enzyme had a significantly decreased immunogenic response. Pegylated L-Asparaginase has a higher molecular weight (76) and has antitumor

activity in both animals (74, 77) and humans (77, 78). However studies conducted by Armstrong and coworkers in 2007 showed the presence of Antibodies against PEG causing rapid removal of Pegylated L-Asparaginase, thus warranting the need for screening of anti-PEG antibodies during therapy (79).

Many other procedures were also tried and tested such as coupling with dextran which increased stability but had no effect on immunogenicity (75, 80); *Erwinia* L-Asparaginase with Human serum albumin lack proper study (81); Acylation had the limitation that enzyme becomes hydrophobic after modification (82), Gilbert and coworkers in 1986 successfully cloned and expressed *Erwinia crysanthemil*-L-Asparaginase in *E. coli* and *Erwinia carotovora* (83). This proved to be a successful technique in reducing immunogenicity. Moola and coworkers in 1994 removed immunogenic epitopes by site directed mutagenesis (84). This also proved to be a successful technique in significantly reducing immunogenicity.

Other methods, such as entrapment in RBC increased stability but had no effect on immunogenicity (82). Kwon and coworkers in 2009 used "membrane-translocating low molecular weight protamine (LMWP)" to introduce L-Asparaginase into the red blood cell without disrupting its membranes reported significantly improved the half-life of the enzyme to 4.5 ± 0.5 days (85).

Clinical trials

Clinical trials of L-Asparaginases of *Erwinia* and *E. coli* have been discussed over 30 years. Due to hypersensitivity associated with native preparations, modified drugs have more importance in clinical applications. Allergic responses were decreased with PEGylated enzyme which also showed greater half-life in plasma (52, 86, 87).

Two independent teams lead by Ho in 1986 and Keating in 1993 first conducted tests; administering 500-800 IU/m² pegasparaginase by IV route over 1 hour fortnightly. They observed only three patients developed symptoms of toxicity in the form of anaphylaxis. Other associated toxicities included hyperglycemia and hepatic dysfunction. Subsequent trials were

undertaken with 2000 and 2500 IU/m² for clinical studies (88, 89).

Vieira Pinheiro and coworkers in 2001, in their trials, infused 500U/m² of PEGylated enzyme in children with relapse of acute lymphoblastic leukemia and observed that majority of patients responded well for the first week (90). Another group tested pegaspargase in patients with advanced stage solid tumors by subjecting them with increasing dose of 250, 500, 1000, 1500 and 2000 U/m² biweekly. Majority of patients showed lower levels of L-asparaginase for 14 days with grade 1-2 hypersensitivity reactions often seen at 2000 u/m² dose (91).

In a multi-center phase II trial, 21 patients with acute lymphoblastic leukemia were given a dose of 2000 IU/m², singly during 14 day investigation period. Thereafter multi-agent therapy was initiated consisting of vincristine, prednisone doxorubicine along with pegaspargase. After the initial period 22% of the patients had complete or partial remission and by the end of 35 days 78% of patients achieved complete or partial remission. Mild urticaria and mild local allergic reactions were seen as only hypersensitivity in five patients (92).

A dose of 2000IU/m² were given thrice biweekly in another phase II study of pegaspargase which yielded partial or complete remission in 85.7% of the patients (93).

Randomized tests designed to compare native preparations of *E. coli* with pegaspargase yielded a combined complete and partial response of 65% and 63% respectively. In another randomized comparison between PEGylated enzyme and native enzyme preparation comparable results were obtained with 98% for pegaspargase and 100% for native drug (94).

In current L-Asparaginase therapy, Domenech and coworkers, in 2011 documented randomized trials of GRASPA™ which is RBC entrapped L-Asparaginase made by ErytechPharma Lyon, France. Similarly, a combination of "Dexamethasone, Methotrexate, ifosfamide, L-Asparaginase, and etoposide (SMILE)" for combating Natural-killer lymphomas (95) entered phase I reported

by Yamaguchi and coworkers in 2008 (96) yielding promising results and entered phase II reported by Yamaguchi in 2011 (97).

CONCLUSION

L-Asparaginase has applications in both, medical and non-medical fields. Its rapid use in therapeutics and food industry will raise its demand in the coming years. However, there are still some unaddressed concerns which may require significant research. Immunogenicity due to complex structure is one of the main problems. Although PEGylation may decrease immunogenicity, it does not eliminate it and the anti-PEG antibodies exhibited by some patients further clear the enzyme which renders the therapy ineffective. Other approaches such as, acylation or elimination of different epitopes by site directed mutagenesis should be further researched along with safe delivery mechanisms, such as entrapment in RBC or innanocapsule which would increase the stability and half-life of the enzyme. L-Asparaginase is also reported to have glutaminase activity (98) which may be beneficial due to the fact it enhances L-Asparagine depletion but also causes reduced protein synthesis which is deleterious to the cell and body. Therefore L-Asparaginase without glutmainase activity also needs to be researched for a safer chemotherapy.

Although different microbes have been reported to produce L-Asparaginase at overwhelming levels, however their application in therapeutics or food industry may be limited. The existence of extracellular L-Asparaginase of fungi seems a promising candidate for upscale production of the enzyme as extracellular enzymes are easier to purify and eukaryotic enzymes may prove to be less immunogenic. Strains for ideal production of L-Asparaginase should be researched. An ideal strain would be ubiquitous in nature and produce high yields of L-Asparaginase with simplistic growth requirements. An ideal enzyme would have lower antigenicity and toxicity with a higher efficacy.

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