

## Let's Talk About Depression and Focus on Adolescent Mental Health

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### Short Communication

#### Abstract

Defining major depression. Why it is Important? 2. Describe the relationship between depression and medical conditions 3. Apply epidemiologic principles related to mental health in Adolescents 4. Differentiate among different potential causes of depression. 5. The evidence of trends in prevalence of depression are indicative of an "age of melancholy" -What research has to say? 6. Explain the barriers and obstacles that discourage people from seeking treatment and care. 7. Depression Care amongst adolescent.

#### Biography

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