

Research and Reviews: Journal of Pharmacy and Pharmaceutical Sciences

Preparation and In-Vitro Evaluation of Mirtazapine Oral Films

Anjali Nippani*, Vijendar C, Anil Dindigala, Anil Goud Kandhula, Chandra shekar K and Anil Alabadri

Department of Pharmaceutics, University College of Pharmaceutical Sciences, Kakatiya University, Warangal
506009, Telangana, India

Research Article

Received: 10/03/16

Accepted: 24/03/16

Published: 28/03/16

*For Correspondence

Anjali Nippani, Department of Pharmaceutics, University College of Pharmaceutical Sciences, Kakatiya University, Warangal 506009, Telangana, India

E-mail: anjali_nippani@yahoo.com

Keywords: Oral films, HPMC, Solvent casting

ABSTRACT

Mirtazapine is an antidepressant drug, which affects chemical pathway in the brain that is unbalanced in people with depression. In Mirtazapine oral films HPMC (Hydroxy propyl methyl cellulose) is used as a polymer. The films are prepared by solvent casting method. The prepared batches of films were evaluated for durability, proportion elongation, folding endurance and dissolution. Formulation F3 was found to be promising and it was tested for In-vitro drug release pattern which showed 100% drug release 8mins. The formulation F3 has shown better control over drug release compared to marketed product.

INTRODUCTION

Oral route has achieved such popularity over alternative routes system due to its administration, pain prevention and numerous benefits. Hence, oral administration is that the most generally used technique for general impact, while not being affected of tremendous advancement in drug delivery system. problem in swallowing, resulting in patient's incompliance significantly just in case of paediatric and geriatric, disabled, offensive patients is that the most evident downside of oral indefinite quantity forms like tablets and capsules. Associate improved interest has been addressed to oral solid indefinite quantity forms designed for precise convenience of therapeutic dose. Oral dissolve merchandise (tablets and films) show high levels of patient acceptableness and convenience. Fast-dissolving oral delivery systems are solid indefinite quantity forms, that disintegrate or dissolve within 1min once placed within the mouth while not drinking of water or chewing [1,2], after disintegration in mouth, increases the clinical potency of the drug through pre-gastric absorption from mouth tubular cavity and muscle system because the secretion passes down into the abdomen. In such cases, bioavailability of drug is considerably above those ascertained from standard pill dosage type.

More recently, Fast-dissolving buccal film drug delivery systems have quickly gained acceptance as a very important new method of administering medication. Fast-dissolving buccal films are usually used for pharmaceutical and Nutraceutical product. It's the most recent frontier in drug delivery technology that has a very convenient suggests that of taking medications and supplements. FDF's are applicable once native action within the mouth is fascinating like local anesthetic for toothaches, oral ulcers, cold sores, or teething [3-5]. Quick dissolving films ready by victimization hydrophilic polymers that quickly dissolve within the mouth within

few seconds and eliminate the fear of choking as an alternate to quick dissolving tablets. Primarily the quick dissolving film may be thought of as AN ultra-thin strip of item size with an active pharmaceutical ingredient and alternative excipients. Most quick dissolving films are having taste masking active ingredients. These masked active ingredients are swallowed by the saliva of patients along with the soluble and insoluble excipient [6-7].

Formulation of quick dissolving film involves both aesthetic and performance characteristics similar to strip-forming polymers, plasticizers, API's, flavoring agents, sweetening agents, saliva stimulating agent, coloring agents, stabilizing and thickening agents. From the regulative views, all excipients used in the formulation of oral drug strips should be approved to be used of oral pharmaceutical dosage forms. quick dissolving films evolved over the past few years from the confection and oral care market within the kind by consumers for delivering vitamins and personal care product.

MATERIALS AND METHODS

Materials

Mirtazapine a sample from Aurobindo pharmaceuticals inc. Hyd. Glycerin and Hydroxy Propyl Methyl Cellulose E3, E5, E15 are from SD fine chem. Ltd, Mumbai, India and Tween 80, Propylene glycol, Eudragit 100 are from Merck Ltd, Mumbai, India.

Fabrication of drug free oral films

Oral films are prepared by Solvent Casting Technique (SCT). Applying 'O' shape ring placed on a glass surface as substrate by using different polymers like Hydroxy Propyl Methyl Cellulose (HPMC), Ethyl cellulose (EC), Glycerin. The solution was mixed often to urge semisolid physical property. Then the solution was subjected to sonication in a bath to remove the air bubbles. Then this were casted on a glass surface applying 'O' shape ring having 3.6 cm in diameter is coated with funnel to dominant the evaporation of solvent and allowed to dry at room temperature overnight. The dried films were separated and also the backing membrane used was tin foil. Then the formulations were hold on in desiccators till additional use [8-15] (Table 1).

Fabrication of mirtazapine oral films

The oral films were set up by the method for dissolvable throwing method applying "O" shape ring put on a glass surface as substrate by utilizing distinctive polymers like Hydroxy Propyl Methyl Cellulose - (HPMC), Ethyl cellulose (EC), Glycerin.

Table 1: Formulation of different composition

| Ingredients | F1 | F2 | F3 | F4 | F5 | F6 |
|-------------------|-----|-----|-----|-----|-----|-----|
| Hpmc | 50 | 75 | -- | -- | -- | -- |
| Glycerine | 31 | 06 | 31 | 06 | 31 | 06 |
| Ethyl cellulose | -- | -- | 50 | 75 | -- | -- |
| Eudragit / 100 | -- | -- | -- | -- | 50 | 75 |
| Tween 80 | 04 | 04 | 04 | 04 | 04 | 04 |
| Methanol | Qs | Qs | Qs | Qs | Qs | Qs |
| Total film weight | 100 | 100 | 100 | 100 | 100 | 100 |

The arrangement was blended once in a while to get semisolid consistency. At that point the arrangement was subjected to sonication in a bath sonicator to evacuate the air bubbles. Then this were placed on a glass surface utilizing "O" shape ring having 3.6 cm in width is secured with pipe to controlling the dissipation of dissolvable and permitted to dry at room temperature overnight. The dried films were isolated and the support film utilized was aluminum foil. At that point the details were put away in desiccators until further utilize. The pieces of definition of both medication free and Mirtazapine oral films were given in Table 2 [16-22]

Table 2: Formulation of different composition.

| Ingredients | F1 | F2 | F3 | F4 | F5 | F6 |
|-------------------|-----|-----|-----|-----|-----|-----|
| Drug | 15 | 15 | 15 | 15 | 15 | 15 |
| Hpmc | 50 | 75 | -- | -- | -- | -- |
| Glycerine | 31 | 06 | 31 | 06 | 31 | 06 |
| Ethyl cellulose | -- | -- | 50 | 75 | -- | -- |
| Eudragit / 100 | -- | -- | -- | -- | 50 | 75 |
| Tween 80 | 04 | 04 | 04 | 04 | 04 | 04 |
| Methanol | Qs | Qs | Qs | Qs | Qs | Qs |
| Total film weight | 100 | 100 | 100 | 100 | 100 | 100 |

The composition of oral films prepared using mirtazapine

Drug –polymer compatibility studies by FTIR

Drug polymer similarity studies were performed by FTIR57 (Fourier change infrared spectroscopy). Keeping in mind the end goal to affirm that the capture of medication inside the polymeric frameworks include just the physical procedure and no association in the middle of medication and polymer. FTIR absorption spectra of pure drug and polymers utilized like HPMC, EC, Glycerin and the mix of drug and polymer demonstrates no huge significant in the middle of drug and polymers [23-28] (**Figure 1**).

EVALUATION

Mechanical Properties like tensile strength, young’s modulus, percent elongation and folding endurance [27-31].

Tensile strength = Load at breakage / Strip thickness × Strip Width

% Elongation = Increase in length × 100 /Original length

Folding endurance $F = \log_{10}d$

PHYSICO-CHEMICAL EVALUATION

Surface pH

Acidic or basic pH may cause disturbance in the buccal mucosa and impact the rate of hydration of the polymers, the surface pH of the films was resolved. The observed surface pH of the plans was observed to be in the scope of 6.61 to 6.81. The results are found that there is no significant distinction of surface pH in every one of the plans and the pH range exists in the scope of salivary pH i.e. 6.5 to 6.8, consequently don't bring about bothering and accomplish understanding consistence. Surface pH values of all the formulations are represented in **table 3** [32-36].

Percentage Moisture Absorption and Percentage Moisture Loss

Checking physical stability of the film at high humid conditions and integrity of the film at dry conditions, the films were evaluated for PMA and PML (**Table 3**).The percentage Moisture uptake in the formulation F4 (1:1 ratio (35mg + 35mg) of HPMC E3 and HPMC E5, 11 mg CP) has shown the highest value of moisture absorption 10.32. This may be due to the presence of equal concentrations of HPMC E3 and E5. The formulation F8 (50mg and 20mg HPMC E3 and E15, 11 mg CP) shows higher value of Moisture loss 7.13 which is due to presence of higher concentration of HPMC E3 and formulation F6 (1:1 ratio (35mg + 35mg) of HPMC E5 and HPMC E15, 11 mg CP) shows low value of 3.88. The Results were tabulated in table 3 [37-41].

Swelling percentage

Table 3 shows the swelling percentage of the formulated buccal films. The swelling behavior of the polymer was reported to be crucial for its bioadhesive character. The adhesion occurs shortly after swelling but the bond formed is not very strong. The adhesion increases with the degree of hydration till the point of disentanglement at the polymer tissue surface, which leads to abrupt drop in adhesive strength due to over hydration [42-46].

The formulation F6 (1:1 ratio (35mg+35mg) of HPMC E5 and HPMC E15, 11 mg CP) shows higher value of Swelling percentage 138.4 which is due to presence of higher concentration of carbopol. The Results were tabulated in table 3.

Water Vapour Transmission

Water vapor transmission studies indicated that all the films were permeable to water vapour (Table 3).

Table 3: Standard graph of Mirtazapine.

| Concentration | Absorbance at 290 nm |
|---------------|----------------------|
| 0 | 0 |
| 10 | 0.186 |
| 15 | 0.259 |
| 20 | 0.36 |
| 25 | 0.41 |
| 30 | 0.501 |
| 35 | 0.625 |
| 40 | 0.671 |
| 45 | 0.821 |
| 50 | 0.853 |

Thickness and Weight of films

The film thicknesses were observed by using digital vernier calipers and found to be in the range of 0.47 mm to 0.81 mm. The weight of the films was found to be in the range of 97.69 mg to 96.35 mg. The Results were in table 3.

Drug content estimation

The observed results of content uniformity indicated that the drug was uniformly dispersed and with minimum intra batch variability. Recovery was possible to the tune of 3.60 to 3.97. The Results were tabulated in table 3 [47-51]

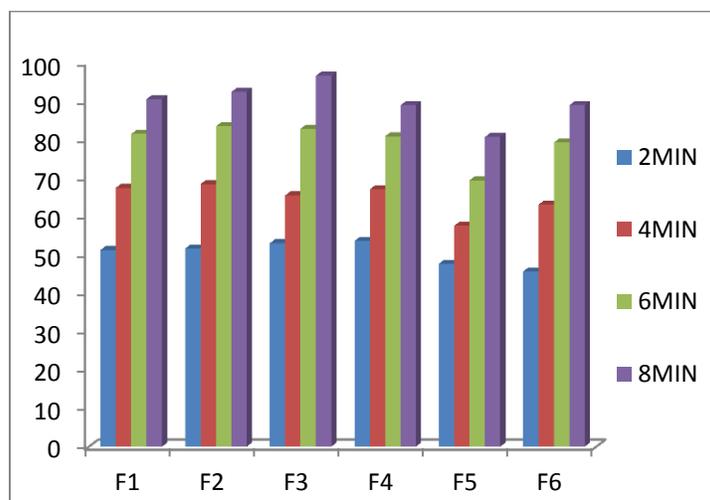
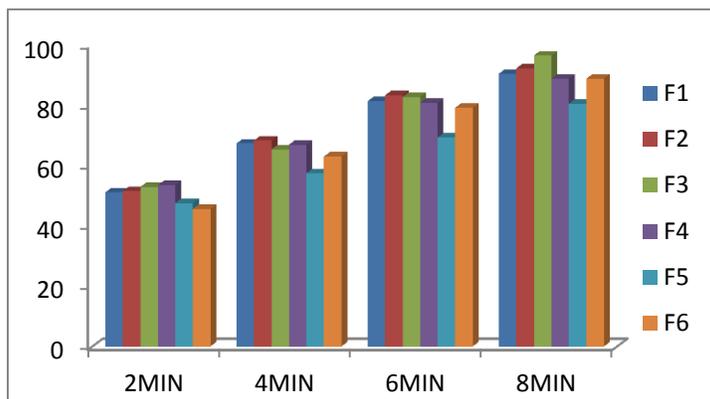
Disintegration time

The disintegration time limit of 30s or less for orally disintegrating tablets described in CDER guidance can be applied to fast dissolving oral strips. Although, no official guidance is available for oral fast disintegrating films strips, this may be used as a qualitative guideline for quality control test or at development stage [52-57]. Pharmacopoeia disintegrating test apparatus may be used for this study. Typical disintegration time for strips is 5–30 s³⁸.

Dissolution test

Test performed using Standard Basket or Paddle apparatus method. The dissolution medium will be selected as per the sink conditions and highest dose of the active pharmaceutical ingredients. The dissolution test can be difficult due to tendency of the strip to float onto the medium when the paddle apparatus is employed [39] (Figure 2).

Figure 1 and 2: Dissolution and Disintegration time of Mirtazapine.



RESULTS AND DISCUSSION

Evaluation

Mechanical properties of oral dispersible films of mirtazapine (**Table 4**)

Table 4: Mechanical properties of different formulations.

| Formulation | Tensile strength | Percentage elongation (%) | Folding endurance |
|-------------|------------------|---------------------------|-------------------|
| F1 | 0.75 | 15.25 | 78 |
| F2 | 0.73 | 20.54 | 76 |
| F3 | 0.68 | 22.89 | 79 |
| F4 | 0.70 | 23.86 | 77 |
| F5 | 0.61 | 30.5 | 72 |
| F6 | 0.58 | 29.56 | 71 |

Young's modulus

HPMC films are brittle then EC and demonstrate a high tensile strength and young's modulus with small elongation (Table 5-7).

Table 5: Physicochemical evaluation of oral films of mirtazapine.

| Formulation code | Surface PH | PMA | PML | Swelling index | WVT | Thickness | Weight variation | Drug content |
|------------------|------------|-------|------|----------------|-------|-----------|------------------|--------------|
| F1 | 6.73 | 5.21 | 5.97 | 69.4 | 10.58 | 0.44 | 98 | 96% |
| F2 | 6.79 | 7.23 | 5.14 | 99.67 | 7.67 | 0.62 | 101 | 97.1% |
| F3 | 6.8 | 9.24 | 4.74 | 118.4 | 7.17 | 0.47 | 104 | 98.2% |
| F4 | 6.61 | 10.32 | 4.14 | 107.2 | 6.4 | 0.59 | 99 | 99.1% |
| F5 | 6.78 | 3.56 | 4.08 | 132.6 | 5.94 | 0.81 | 103 | 100.1% |
| F6 | 6.65 | 7.02 | 3.88 | 138.4 | 6.39 | 0.76 | 101 | 97.4% |

Table 6: Disintegration time of different formulations.

| Formulation | Dt (sec) |
|-------------|----------|
| F1 | 49 |
| F2 | 56 |
| F3 | 54 |
| F4 | 57 |
| F5 | 60 |
| F6 | 61 |

Table 7: in vitro drug release of different formulations

| Formulation | 2min | 4min | 6min | 8min |
|-------------|-------|-------|-------|-------|
| F1 | 51.23 | 67.45 | 81.49 | 90.6 |
| F2 | 51.62 | 68.43 | 83.47 | 92.42 |
| F3 | 53.01 | 65.47 | 82.87 | 96.66 |
| F4 | 53.6 | 67.05 | 80.9 | 88.98 |
| F5 | 47.67 | 57.56 | 69.42 | 80.7 |
| F6 | 45.7 | 63.1 | 79.28 | 88.98 |

CONCLUSION

Mirtazapine is an anti-depressant drug. Concept of formulating orally dissolved films contains mirtazapine for rapid action of drug. Oral administration is the most widely used method for systemic effect, without being affected of tremendous advancement in drug delivery system. Difficulty in swallowing, leads to patient's incompliance particularly in case of Pediatric and geriatric. Oral dissolved films (ODFs) have several advantages over conventional forms of fast dissolving tablets. These are new emerging novel drug delivery system (NDDS). So, they are great importance during the emergency cases whenever immediate onset of action is desired. In the present work, oral dissolved films of mirtazapine were designed with a view to enhance patient compliance by solvent casting method. In this HPMC is used as a polymer. Prepared batches of Films were evaluated for durability, proportion elongation, folding endurance and dissolution. Among the films

prepared by solvent casting method formulation F3 found to be promising. The formulation was tested for In-vitro drug release pattern which showed 100% drug release 8 mins. The formulation F3 has shown better control over drug release of marketed product.

REFERENCES

1. Seager H. Drug-delivery Products and the Zydis Fast-dissolving Dosage Form. *J Pharm Pharmacol.* 1988;50:375.
2. Mashru RC, et al. Development and evaluation of fast-dissolving film of salbutamol sulphate. *Drug Dev Ind Pharm* 2005;31:25-34.
3. Chang RK, Guo X, Burnside BA, Couch RA. Fast dissolving tablets. *Pharma Tech.* 2000;24:52-58.
4. Reddy LH, Ghosh BR. Fast dissolving drug delivery systems: A review of literature. *Indian J Pharm Sci.* 2002; 64:331-336.
5. Kuchekar BS, Arumugam V. Fast dissolving tablets. *Indian J Pharm Edu* 2001;5:150.
6. Suresh B, Halloran D, James L. Quick dissolving films: A novel approach to drug delivery. *Drug Dev Tech.* 2006;1-7.
7. Arya A, Chandra A. Fast drug delivery systems: A Review. *Der Pharmacia Lettre* 2010;2(2):350-361.
8. Arya A, et al. Fast dissolving oral films: An innovative drug delivery system and dosage form. *Int J ChemTech Res* 2010;2:576-583.
9. Frey P. Film Strips and Pharmaceuticals. *Pharma Mfg & Packag Sourcer*, winter. 2006:92-93.
10. <http://www.gas-x.com/>
11. Dixit RP, Puthli SP. Oral strip technology. *J Controlled Release* 2009;139(2):94-107.
12. Kulkarni, N, Kumar LD. Fast dissolving orally consumable films containing an anti-tussive and a mucosa coating agent, U.S. Patent. 2003/206942.
13. Kulkarni AS, et al. Exploration of different polymers for use in the formulation of oral fast dissolving strips. *J Current Pharm Res* 2010;2(1):33-35.
14. Corniello C. Quick dissolving strips: from concept to commercialization. *Drug Del Technol* 2006;6:68-71.
15. Sakellariou P, Rowe RC. Interactions in cellulose derivative films for oral drug delivery. *Prog Polym Sci* 1995;20:889-942.
16. Banker GS. Film coating theory and practice. *J Pharm Sci.*1966;55:81-89.
17. McIndoe LME, et al. Handbook of Pharmaceutical Excipients, Pharmaceutical press. London: 2006:128-130.
18. Prakash, et al. Development of Rebiana, a natural, non-caloric sweetener. *Food Chem Toxicol* 2008; 46:75-82.
19. Chapdelaine AH, et al. Edible film formulations containing Maltodextrin. US Patent. 2004/6740332.
20. Barnhart SD. Thin film oral dosage forms in Modified release. *Drug Dev Tech* 2007;1:34-35.
21. Mahajan A, et al. Formulation and Characterization of Fast Dissolving Buccal Films: A Review. *Scholars Research library Der Pharmacia Lettre* 2011;3(1):158-160.
22. Coppens KA, et al. Hypromellose, Ethyl cellulose and Polyethylene oxide used in hot melt extrusion. *Pharmaceutical Technol* 2005;3:1-6.
23. Thomas GG, et al. Influence of Plasticizers and Drugs on Physical-Mechanical Properties of Hydroxypropylcellulose Films. *Drug Dev and Ind Pharmacy* 1999;25(5):625-633.
24. Borsadia BB, Osborne JA. Quick dissolving films: A novel approach to drug delivery. *Drug delivery*
25. Lachmann L. In *The Theory & Practical of Industrial Pharmacy*. 3rd ed., Varghese Publishing house, Fourth Indian Reprint; 1991: 344-348.
26. Dixit RP, Puthli SP. Oral strip technology. *J Controlled Release* 2009;139(2): 94-97.
27. Felton L, et al. Mechanical properties of polymeric films prepared from aqueous dispersions in: *Aqueous polymeric coatings for pharmaceutical dosage forms (3rd edn)*, *Drugs and the Pharmaceutical Sci.* 176: 108
28. Fulzele SV, et al. Polymerized rosin: novel film forming polymer for drug delivery. *Int J Pharma.* 2002;249:175-184.
29. American Standard of Testing and Materials, ASTM D1004 - 08 Standard Test Method for Tear Resistance (Graves Tear) of Plastic film and Sheeting.
30. Deshmane SV, et al. Design and characterization of Carbopol-HPMC based Buccal compact containing Propranolol hydrochloride. *Indian J Pharma Edu Res* 2010;44(3):67-78.

31. Khairnar A, Baviskar RD. Development of Mucoadhesive buccal patch containing Aceclofenac: in vitro evaluation. *Int J PharmTech Res* 2009;1(4):34-42.
32. Anand V, et al. The latest trends in the taste assessment of pharmaceuticals. *Drug Discovery Today* 2007;12:257-265.
33. Murray OJ, et al. using an electronic tongue to optimize taste masking in a lyophilized orally disintegrating tablet formulation. *Pharm Technol* 2004.
34. Garsuch, V, Breitzkreutz J. Novel analytical method for the characterization of oral wafers. *Eur J Pharma Biopharma* 2009;73:195-201.
35. Hideaki O, et al. Development of easily swallowed film formulation. *Int J Pharm* 2008;355:62-66.
36. Han Jung H, Floros J. Casting antimicrobial packaging films and measuring their physical properties and antimicrobial activity. *J Plastic Film Sheeting* 1997;13:287-297.
37. Jutaporn CT, et al. Properties and antimicrobial activity of edible film incorporated with kaim wood extract, *LWT – Food Sci Tech* 2011;44:284-292.
38. Barnhart S, et al. Thin film oral dosage forms in: Modified release drug delivery technology. 2nd ed., *Drugs and the Pharmaceutical Sci* 209-216.
39. Nishimura, et al. In vitro and in vivo characteristics of prochlorperazine oral disintegrating film. *Int J Pharma* 2009;368(1-2): 98-102.
40. Patel R, et al. Formulation development and evaluation of mouth melting film of ondansetron *Arch Pharm Sci Res* 2009;1(2): 212-217.
41. Sumitha CH, et al. Taste masking of ondansetron hydrochloride by polymer carrier system and formulation of rapid-disintegrating films. *Int Chemical Res* 2009;1(2):24-27.
42. Seema Saini, et al. Optimization Of Formulation Of Fast Dissolving Films Made Of Pullulan Polymer *Inte. J Pharm. Sci. Rev& Res.* 2011;9:1:024.
43. S. Raju, et al. Flash release oral films of metoclopramide hydrochloride for pediatric use: Formulation and *in-vitro* evaluation. *J. Chem. Pharm. Res.* 2011;3:4:636-646.
44. Kiran Kumar S, et al. Formulation and In-vitro evaluation of rizatriptan benzoate rapimelt tablets and oral thin films – A novel approach. *RJPBCS* 2011;2:2:106.
45. Mishra R, Amin A. Formulation development of taste-masked rapidly dissolving films of Cetirizine hydrochloride. *Pharm Tech* 2010;33:2:48-56.
46. Koland M, et al. Fast dissolving Sublingual films of Ondansetron hydrochloride: Effect of Additives on in-vitro drug release and mucosal permeation. *Journal of Young Pharmacist.* 2010;2:3:216-222.
47. Mahesh A, et al. Development of tastes masked Fast Disintegrating Films of Levocetirizine Dihydrochloride for Oral Use. *Current Drug Deliv* 2010;17:21-27.
48. Kulkarni AS, Deokule HA. Exploration of different polymers for use in the formulation of Oral fast dissolving strips. *J Current Pharm.Res.* 2010;2:33-35.
49. Kunte S, Tandale P. Fast dissolving strips: A novel approach for the delivery of verapamil. *J. Pharm. Bioal. Sci.* 2010;2:4:325-328.
50. Shimoda H, et al. Preparation of a fast dissolving oral thin film containing Dexamethasone: A possible application to antiemesis during cancer chemotherapy. *Eur. J. Pharm. Biopharm.* 2009;73:361-365.
51. Patel R, et al. Formulation development and evaluation of mouth melting film of Ondansetron. *Arch Pharm Sci. Res.* 2009;1:213-217.
52. Nishimuraa M, et al. In-vitro and In-vivo characteristics of Prochlorperazine oral disintegrating film. *Int J Pharm Tech.* 2009;368:98-102.
53. Sumitha CH, et al. Taste Masking of Ondansetron Hydrochloride by Polymer Carrier System and Formulation of Rapid Disintegrating Films. *Int. J Chem. Res.* 2009;368:98-102.
54. Cilurzo F, et al. Maltodextrin Fast dissolving Film Containing Nicotine: a feasibility study. *AAPS Pharm Sci Tech.* 2006;11:2009-2039.
55. Aditya D, Nagarsenkar M. Formulation and evaluation of fast dissolving Film for delivery of Triclosan to the oral cavity. *AAPS Pharm Sci Tech.* 2008;9:10.
56. Mashru RC, et al. Development and Evaluation of Fast- Dissolving Film of Salbutamol Sulphate. *Drug Dev Ind Pharm* 2005; 1: 25-34.
57. Cilurzo F, et al. Feasibility study of Fast Dissolving Film Containing Piroxicam. *AAPS Pharm Sci Tech* 2005;7:52.