



Sexual Violence Management Through Polygraph and Psychological Intervention

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Abstract:

India will become rape capital of the world if the growth rate of rape and sexual assault on women is not controlled. Daily a number of women are becoming a victim of rape. According to the National Crime Record Bureau (2015) crime against women have increased by 7.1 per cent since 2010. Moreover, according to this report, 24923 rape cases were reported across India in 2012. Among the various cities in India the highest number of rapes reported in metropolitan cities rather than small cities. Not only sexual offences are remarkably grown up in cities but in a rural area also. Rape victims in India, especially in a rural area often subject to shaming and considered not suitable for married life and the life of victim became destroyed. Hence, rape and violence against women are a massive problem in India.

The study aimed to find a high degree of sexual violence among students and provide them with a systematic intervention to control their sexual motives. In the study, 500 students were surveyed and administered Sexual Violence Scale and 34 students were found with a high degree of sexual violence tendency. These students were randomly divided into two groups viz. experimental and control. The experimental group adults were provided a sex management programme for two months while the control group adults didn't provide any programme. After a two months period, both groups were re-administered Sexual Violence Risk Scale. The obtained data were analysed through t statistic. The significant difference was found between the two groups. It was found that the degree of sexual violence significantly decreased among experimental group adults.

Biography:

Dr. Vikas Minchekar is presently working as an Associate Professor in Psychology at Smt. Kasturba Walchand College (Arts and Science), Sangli, and Maharashtra. He has



completed his Master degree in Industrial Psychology and Ph. D. in Educational Psychology from Shivaji University, Kolhapur. He is acting as the Coordinator for Advanced Diploma in Criminal and Forensic Psychology. Through this department, he has conducted an array of research projects concerned with criminals, juvenile delinquency, nomadic tribes, police system and the problems of prostitution. Further, he has organized various workshops on criminal investigation techniques, counseling for criminals and anger management and so on. His prime area of interest is Mindfulness, Social Psychology, Educational Psychology, Statistical Psychology, Criminal and Forensic Psychology and Experimental Psychology.

Recent Publications:

1. Approved ugc care an international bilingual peer reviewed refereed research journal shodh sanchar bulletin effect of academic stress on achievement and adjustment of medical and engineering students, Comparison of Psychological Well-Being and Self Concept of Infertile and Pregnant Women, Correlation Between Environmental Knowledge and Environmental Attitude among Highschool Students, Home Emotional And Social Adjustment And Mental Health Among Hostel Students, Social Dominance Orientation And Sexual Violence Against Dalit Women In India

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