# The Importance of Embryology in Evaluating the Human Brain

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## Perspective

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# DESCRIPTION

Embryology is the study of the development of an organism from a fertilized egg to a fully formed individual. In the case of the human brain, embryology plays a critical role in understanding the complex processes that lead to the formation of one of the most complex organs in the human body. By studying the development of the brain, scientists can gain insights into the processes that lead to neurological disorders and diseases, as well as the potential for regenerative medicine and neuroplasticity.

One of the key areas of focus in embryology is the process of neurogenesis, or the generation of new neurons in the developing brain. During early development, the neural tube forms in the embryo, which eventually gives rise to the brain and spinal cord. In the developing brain, neural stem cells give rise to new neurons through a process known as cell division. These new neurons then migrate to their final destinations in the brain and establish connections with other neurons to form neural circuits. Research in embryology has shown that disruptions in the process of neurogenesis can lead to a wide range of neurological disorders, including autism, schizophrenia, and epilepsy. For example, studies have shown that mutations in genes that regulate cell division and migration can lead to abnormal brain development and contribute to the development of these disorders. By understanding the underlying mechanisms of neurogenesis, scientists can develop new treatments and therapies to target these disorders.

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Another area of focus in embryology is the development of the cerebral cortex, which plays a critical role in higher cognitive functions such as perception, attention, and memory. During development, the cerebral cortex undergoes a complex process of folding and layering, which gives rise to its characteristic shape and structure. Studies have shown that disruptions in this process can lead to a range of developmental disorders, including microcephaly and lissencephaly.

Research in embryology has also led to the discovery of the potential for neuroplasticity, or the brain's ability to adapt and change in response to experience. Studies have shown that the formation of new neural connections and the remodeling of existing ones can occur throughout life, and that this process is critical for learning and memory. By understanding the underlying mechanisms of neuroplasticity, scientists can develop new therapies to promote brain repair and regeneration in the case of neurological injury or disease.

Overall, the study of embryology is critical for understanding the complex processes that lead to the development of the human brain. By gaining insights into the underlying mechanisms of neurogenesis, critical development, and neuroplasticity, scientists can develop new treatments and therapies to target a wide range of neurological disorders and diseases. As our understanding of embryology continues to grow, so too does our potential to unlock the mysteries of the human brain and develop new approaches to improving brain health and function.

A study of evolutionary history can be done by looking at how mechanisms in embryonic development are conserved (or not) across species since an embryo is an unborn or unhatched animal. Comparable traits in many species may point to an evolutionary relationship. Observing orthologs is one method anthropologists use to investigate how different animals have evolved. Two or more homologous genes that belong to different species and are related by linear ancestry are referred to as orthologs. The evolution of the brain across many species can be studied *via* embryology.

Both Sonic Hedgehog (SHH), a morphogen that suppresses Bone Morphogenetic Protein (BMP) to promote neural crest formation, and Bone Morphogenetic Protein (BMP), a growth factor that is essential for embryonic neural development, are largely conserved among vertebrates. By monitoring these growth factors using embryology, it is possible to better understand how the evolution of the brain's different regions. Different concentrations of these growth factors result in different patterns of embryonic brain development, which in turn influences how sophisticated future neural systems will be. Understanding the evolution of the brain at various embryonic stages in various species adds to our understanding of possible past evolutionary changes. This then enables researchers to investigate the potential causes of these changes, such as connections to neural network diversity,