

The Myth Women are Physically and Mentally Weak

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Commentary

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ABSTRACT

The psychology of husband and wife is so crucial in establishing a family. Family contains group of people with different mentalities. Each and everyone in the family should get adjusted to the other by compromising in one or the other requirements. From underdeveloped country to the developed country the women are treated as inferior in most of the families. There is a myth saying that the women are physically weak when compared to men. This small myth struck in men so strongly that the women are compromised or restricted to do many a things which can be done at ease. This female and male domination can be majorly seen at the husband and wife relationship.

INTRODUCTION

The psychology of husband and wife is so crucial in establishing a family. Family contains group of people with different mentalities. Each and everyone in the family should get adjusted to the other by compromising in one or the other requirements.

From underdeveloped country to the developed country the women are treated as inferior in most of the families. There is a myth saying that the women are physically weak when compared to men [1-10]. This small myth struck in men so strongly that the women are compromised or restricted to do many a things which can be done at ease. This female and male domination can be majorly seen at the husband and wife relationship. This men domination is affecting most of the women mentally and they are psychologically disturbed. This did not end with women, this even indirectly effects the children in family [11-30].

Survey reports states that, women who are psychologically disturbed and their most valuable life getting disturbed just because of men domination. It looks so pathetic, when the survey reports states that these types of cases are not only seen with illiterates and villagers but also seen with professional workers; who have a sound knowledge about relationships [30-40].

The violence caused on women is a human right problem. Mostly young people are abused by their husbands and this has become a health challenge among women. Psychological disturbances made them to prone too many mental problems few among them are schizophrenia, phobia, paranoid and psychotic [41-60]. This even affects the sexual behavior of both husband and wife. There are few studies where women are physical injured and still the women are unable to come out of the post traumatic effects and let with mental throughout the life.

Along with gender differences, life stressor is playing a major role in husband to wife violence. The philosophers and psychiatrists are trying their best to educate the men about the pain that is caused to the women in the mentally though they are not injured physically in the violence [61-80]. The personality differences among the partners are also a key factor for the violence in family. The increased corporate field and the fast life style is one more key factor which increases violence [81-90].

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