

The US model of Addiction Treatment and its New Challenges

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Short Communication

ABSTRACT

(Illustration cage pic and ref). Out of seven billion inhabitants on this planet, the World Health Organization estimates that the number of alcoholics is 10% of the global population with the highest prevalence rates to be found in Eastern Europe. Out of these 700 million human beings an infinitesimal percentage receive treatment because cultures and shame are obstacles to their recovery. In the United States, less than 8% of alcoholics receive treatment (illustration or ref.) which is largely superior to the number of alcoholics who are being helped worldwide. We are talking only about alcoholism because there is no available evaluation of the number of addicts for other mood-altering substances. In this presentation we are using the word addicts to include all people suffering from any kind of addictions, whether it is alcohol or other mood-altering substances.

The American and by extension Anglo-Saxon model of addiction treatment has demonstrated more success with people suffering from addictions. This model is called "the disease model" – it supposes that the first diagnosis of the patient is addiction (or dependence to one or more mood-altering substance and/or compulsive behaviors). Determining a dual diagnosis (association of the diagnosis of addiction and other mental health disorders) is part of the process of detox, treatment and maintenance.

We will examine the history, advantages, and evolution of the model from the Temperance Movement to the Parity Law, to the new trends and today's challenges. Of course, we will also review its disadvantages: new drugs, health insurance companies' requirements, money, over-specialization, or lack of, multiplication of certifications by so-called professional "gangs" in the industry, and the last edition of the Diagnostic and Statistical Manual of Mental Disorders, the Diagnostic and Statistical Manual of Mental Disorders (DSM5) (illustration).

Biography

I have specialized in tailoring treatment for jobs with a high level of stress and at risk for their clearance, career, reputation, ratings, positions. Aware of E-tracking. Confidential. Private. Non insurance. Flexible sessions.

Discreet. Customized-Tailored. Addiction Professional - Institute of Coaching Harvard Medical School Fellow Member. Researcher. M.A. Addictions Disorders. M.A. Journalism. M.A. French Literature.

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