

The Efficacy of Natural Therapy in Treating Breast, Colon, and Lung Cancer

Iren Abdul Khatun*

Department of Cancer, University of Dhaka, Dhaka, Pakistan

Commentary

Received: 01-Jun-2023, Manuscript No. RCT-23-101291; **Editor assigned:** 05-Jun -2023, PreQC No. RCT-23-101291 (PQ); **Reviewed:** 19-Jun-2023, QC No. RCT-23- 101291; **Revised:** 26-Jun-2023, Manuscript No. RCT-23- 101291 (R); **Published:** 03-Jul-2023, DOI: 10.4172/Rep Cancer Treat.7.2.009.

***For Correspondence:** Iren Abdul Khatun, Department of Cancer, University of Dhaka, Dhaka, Pakistan

E-mail: khatunavdul@gmail.com

Citation: Khatun IA. The Efficacy of Natural Therapy in Treating Breast, Colon, and Lung Cancer. RRJ Cancer and Treatment 2023; 7: 009.

Copyright: © 2023 Khatun IA. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the

DESCRIPTION

Natural treatment alone can be used to treat cancer. The therapy detoxifies the body and boosts the immune system, immobilising cancer cells. Rather than eliminating the cancer, it reverses the development of metastasis by promoting the body's healing reaction. The emphasis is on the entire body rather than on individual malignant parts. Very few doctors endorse it, and even fewer individuals use it as their sole source of treatment. Nonetheless, this treatment has magically cured certain individuals.

This treatment is most beneficial for early-stage tumours that have not spread. It also works well in new cases of cancer where patients have not yet received any conventional treatment. Unfortunately, most people seek alternative treatment only after all other options have been exhausted. Many patients have only a few months to survive by that point. During this important moment, the natural-oriented physician will have to fight not only to destroy the cancer by raising their patients' immune, but also to overcome the toxic consequences of surgery, chemotherapy, and radiation. Given the short time constraint, it is a difficult task to do.

In conventional medicine, certain types of tumors respond better to natural therapy than others in the treatment of cancer with natural medicine even if it spreads to the liver or pancreas in extreme. Using a combination of conventional and natural therapies This strategy aims to eradicate as many cancer cells as possible using conventional procedures in conjunction with natural medicines, or vice versa. Before, during, and after conventional treatments, the patient is given natural medicines and substances.

original author and source are credited.

Detoxification is incorporated into the overall therapeutic plan. The body's immunity is boosted to prepare it for the undesirable side effects of traditional treatments. Following conventional treatment, the body will continue to be subjected to non-toxic natural therapies in order to prevent cancer cell recurrence. The majority of individuals select this choice as the most rational and logical strategy.

To lessen the unfavorable side effects of chemotherapy and radiotherapy in order to deliver a more effective and safer dose. This aspect has had a high rate of success. Antioxidants like as vitamin C, melatonin, and vitamin E have been shown to protect mice from medication-induced toxicity while not interfering with the anticancer efficacy of the therapy. It not only protects normal tissues from free radicals induced by chemotherapy, but it also boosts immunity and develops healthier cells, which require a high concentration of antioxidants to operate properly. To promote drug accumulation in cancer cells or to improve normal cell resistance to chemotherapy and radiotherapy. Cancer cells are more adaptable to stress than normal cells.

They are significantly stronger after undergoing chemotherapy. Heat-shock proteins, which protect cancer cells, are destroyed by natural chemicals. As a result, cancer cells' treatment resistance will be reduced. Cytotoxic impact with chemotherapy and radiotherapy that is additive or synergistic. The lethal effect of natural substances mixed with chemotherapy medicines is additive. Natural substances and chemotherapeutic medications may kill cancer cells in separate but complimentary ways. Here are some instances. Selenium, a natural vitamin, has been shown to lessen the negative effects of cisplatin as well as the multi-drug resistance caused by cisplatin. Two grammes of vitamin C can boost the anti-cancer effects of doxorubicin, cisplatin, and paclitaxel.

Another study discovered that mushroom polysaccharides PSK or PSP had Natural Medicine for cancer treatment in extending the lives of tumor-bearing rodents and shielded them from the side effects of chemotherapy. The natural chemical glutamine lowers the side effects of chemotherapy in gastrointestinal diseases. Proteolytic enzymes aid in drug absorption and tissue distribution, including antibiotics and chemotherapeutic medicines. Many chemotherapeutic medications, including cisplatin, interact synergistically with quercetin and genistein. Furthermore, green tea, emodin, and ginseng have synergistic benefits.

However, the dosage is frequently fairly high. Vitamin E boosts the efficiency of chemotherapy against cancer cells while also protecting normal cells. In one trial, individuals with small-cell lung cancer were given vitamin A in the form of retinyl palmitate along with vitamin C, vitamin E, and other minerals.